



## ***Treating LGBTQ Clients: Addressing Sexual Orientation & Gender Identity Diversity***

Presented by  
**Arlene (Ari) Istar Lev, LCSW-R, CASAC, CST**

### **Author of**

*The Complete Lesbian and Gay Parenting Guide  
&*

*Transgender Emergence: Therapeutic Guidelines  
for Working With Gender-Variant People and their Families*

Winner of the American Psychological Association (Division 44) Distinguished Book Award, 2006

**Thursday & Friday—May 17 & 18, 2018**

**Lancaster Host Hotel, Lancaster, PA**

**Or attend via Live Webinar from any computer**

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For more information and a preview of the Webinar site:

- Go to [www.beaconliveweb.com](http://www.beaconliveweb.com) - Enter *jkseminars1* as the meeting room (no spaces)
- No access code required - Enter xxx for the company

#### **Audience**

##### **Human Service Professionals**

- Psychologists
- Social Workers
- Mental Health Counselors
- School Counselors and Psychologists
- Child and Adolescent Psychiatrists
- Drug & Alcohol Counselors
- Marriage & Family Therapists
- Case Managers
- Psychiatric Nurses
- Occupational Therapists
- Rehabilitation Counselors
- Graduate Students

#### **Up to 12 CE Hours Credit for Most Professions**

- Psychologists
- Nurses
- Social Workers
- NBCC Counselors
- D&A Professionals - PCACB
- Occupational Therapists

**All Professional Attendees Must Pick Up Their  
Certificates at the End of the Seminar  
We Will Mail Certificates for Webinar Attendees the  
Week of May 28th**

**Register Toll Free - (800) 801-5415**



# *Treating LGBTQ Clients: Addressing Sexual Orientation & Gender Identity Diversity*

**Arlene (Ari) Istar Lev, LCSW-R, CASAC, CST**

**Thursday and Friday, May 17 & 18, 2018  
Lancaster Host Hotel - Lancaster, Pennsylvania**

### **About The Workshop**

Arlene (Ari) Istar Lev will present an in-depth overview of the therapeutic issues impacting lesbian, gay, bisexual, and transgender people and their families. She will outline definitions and language within the context of cultural communities, the process of identity development, and the role of discrimination and bias in the psychological experience of LGBTQ people.

She will focus on gay men and lesbians as individuals and couples. This will include discussing issues involving youth who are first coming out, couple development, and family-building. Additionally, she will describe specific concerns of transgender and gender non-conforming clients and their families.

Arlene will also discuss the role of psychotherapists in evaluating transgender clients for medical treatment, couple and family issues when a spouse comes out, and issues in treating gender nonconforming children and youth.

The program will include a review of the new DSM-5 and Standards of Care developed by the World Professional Association for Transgender Health.

### **Objectives-** Participants will be able to describe:

- The components of sexual identity
- Identity development and the coming out experience for LGBTQ people
- The impact of discrimination and bias on the developmental lifecycle and psychological health of LGBTQ people
- The heterogeneity of LGBTQ lifestyles across cultural, class, age, race, ethnic, religious and political cohorts and communities
- How to encourage cultural competence regarding diverse sexual minorities
- Issues related to family of origin, family of choice, and family-building issues in treating LGBTQ clients
- Different ways clients express their gender identity
- Issues impacting families with gender-variant or gender non-conforming members
- Issues impacting gender nonconforming children and transgender adolescents and their families.
- How to provide comprehensive, respectful, strength-based WPATH Standard of Care assessments

### **Thursday, May 17, 2018** **LGBT Identities in Context**

8:15 a.m. Registration (*continental breakfast*)

#### 9:00 **Understanding Terminology**

- Understanding Sexual Orientation and Gender Identity
- Coming out, Discrimination, and Shame
- Family of Origin and Family of Choice

10:25 **Break** (*coffee, tea, juice*)

#### 10:40 **LGBTQ Families**

- Queer Families
- Clinical Issues in Family-Building

12:15 p.m. **Lunch** (*on your own*)

#### 1:15 **Working with Youth**

- Adolescent Challenges
- Case Examples: Adolescent Coming-Out

2:40 **Break** (*coffee, tea, iced tea, soda, snack*)

#### 2:55 **Clinical Challenges**

- Couple and Family Issues
- Case Examples: Family Invisibility

4:30 p.m. **Adjournment**

**A large selection of books and home study programs will be available for sale. All items will be priced at least 6% below the publishers' list price.**

### **Friday, May 18, 2018**

### **Affirmative Treatment of Transgender and Gender Nonconforming Clients**

7:45 a.m. Registration (*continental breakfast*)

#### 8:30 **Overview of Transgender Identity**

- Gatekeeping and Affirmative Treatment
- DSM-5 and The WPATH Standards of Care

9:55 **Break** (*coffee, tea, juice*)

#### 10:10 **Trans-Health Issues**

- Family-Centered Treatment
- Assessment for Medical Treatment

11:45 **Lunch** (*on your own*)

#### 12:45 p.m. **Working with Children, Youth, and Families**

- Working with Children and Youth
- Family-Centered Care

2:10 **Break** (*coffee, tea, iced tea, soda, snack*)

#### 2:25 **Clinical Challenges**

- Clinical Issues in Affirmative Transgender Care

4 p.m. **Adjournment (Pick Up Certificates)**

## Hotel Accommodations

You must make your own overnight accommodations. A block of rooms has been reserved at the **Lancaster Host Hotel** (2300 Lincoln Hwy E.) Call the Host for reservations - **800-233-0121**

Mention *J&K Seminars* to receive a \$129 per room rate

**OR**

reserve your room at [www.LancasterHost.com](http://www.LancasterHost.com)

Use code **SEMIN**

We encourage reservations by April 5

Call *J&K Seminars* for information about other hotels  
800-801-5415

**Your nametag, receipt, and driving directions  
will be mailed to you about 3 weeks before this seminar**

For information visit [www.jkseminars.com](http://www.jkseminars.com)  
or email: [jk@jkseminars.com](mailto:jk@jkseminars.com)



## Continuing Education Certification

Those who arrive late or leave early will not receive CE certificates of full attendance.

Attendees must complete the feedback form to receive their CE certificate. We do not provide part-day CE certificates of attendance. Unless otherwise indicated, attendees receive **12 hours CE credit for attending both days**, (6 hours CE credit for each day)

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- *J&K Seminars, LLC*, provider #1080 is approved as a provider for social work continuing education by the **Association of Social Work Boards (ASWB)** [www.aswb.org](http://www.aswb.org), phone: 1-800-225-6880, through the Approved Continuing Education (ACE) program. *J&K Seminars LLC* maintains responsibility for the program. ASWB Approval Period: 01/27/2018—01/27/2021. Social workers should contact their regulatory board to determine course approval. Social workers participating in this course will receive 12 Continuing Education hours - CLINICAL - practice/content level for social workers is intermediate.
- This course is approved by the Association of Social Work Boards - **ASWB NJ CE Course Approval Program** Provider #88 Course #1806 from 4/6/2018 to 4/6/2020. Social workers will receive the following type and number of credits: Clinical Social Work Practice 6, Social and Cultural Competence 6.
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- *J&K Seminars, LLC* is an approved provider of continuing education by **NAADAC & the Pennsylvania Certification Board -PCB** Approved Education for addiction and drug & alcohol professionals
- *J&K Seminars, LLC* is approved by the PA Dept. of Education to award **Act48** credit
- *J & K Seminars, LLC*, SW CPE is recognized by the **New York State Education Department's State Board for Social Work and State Board for Mental Health Practitioners** as an approved provider of continuing education for licensed **social workers** #SW-0174, licensed **marriage & family** therapists #MFT0041, and licensed **mental health counselors** #MHC-0077

**Refund Policy:** Full refunds will be provided before April 5. A \$10 administrative charge will be deducted from refunds requested after April 5. No refunds will be given after May 15 or for "no-shows." If the program is cancelled for any reason, the liability of *J&K Seminars, LLC* shall be limited to a full refund of registration fees. To date, no *J&K Seminars* program has ever been cancelled.

*We accommodate persons with disabilities. Please let us know of any disability which may require special assistance.*

For more information, phone (800) 801-5415 or email - [JK@jkseminars.com](mailto:JK@jkseminars.com)

## Arlene (Ari) Istar Lev, LCSW-R, CASAC, CST

Arlene (Ari) Istar Lev is a social worker, family therapist, educator, and writer whose work addresses the unique therapeutic needs of lesbian, gay, bisexual, and transgender people. She is the Founder and Clinical Director of Choices Counseling and Consulting ([www.choicesconsulting.com](http://www.choicesconsulting.com)) where she has provided individual and family therapy in Albany, NY for nearly 30 years. She is also the Director of the Training Institute for Gender, Relationships, Identity, and Sexuality ([www.TIGRISinstitute.com](http://www.TIGRISinstitute.com)), a professional training program in Albany, N.Y. She is a Credentialed Alcoholism Counselor and a Certified Sex Therapist (ASSET).

Arlene is a part-time lecturer at S.U.N.Y at Albany, School of Social Welfare where she is the Project Director of the Sexual Orientation and Gender Identity (SOGI) project. She has lectured around the world on issues related to sex and gender, and has taught at Smith College School for Social Work,

Empire College, Vermont College, Union Institute and University, and the California School of Professional Psychology.

Arlene has authored over 30 journal articles and book chapters and wrote two books: *The Complete Lesbian and Gay Parenting Guide* and *Transgender Emergence*, which won the American Psychological Association (Division 44) Distinguished Book Award, 2006.

Arlene has served on the Board of Directors of many non-profit organizations, and is the Founder and Board President of Rainbow Access Initiative. She also served as a committee member of the World Professional Association for Transgender Standards of Care, 7th edition..

Arlene presented for J&K in 2010 and received excellent reviews.



J&K Seminars  
 904 Church Rd  
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 Register by **April 5** for Early Discounted Registration Fee

**Bonus:** Live & Webinar attendees can access the recorded Streaming Video of this Seminar/Webinar for 30 days following the presentation.



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**May 17 & 18, 2018 - Lancaster Host Resort, Lancaster, PA**

**Fees (In Person or Webinar)**

|   | <b><u>One Day</u></b>  | <b><u>Both Days</u></b> |
|---|------------------------|-------------------------|
| Individual Early Registration (received by April 5) _____       | \$130 per person ----- | \$245 per person        |
| Two or more together at the same time (by April 5) _____        | \$115 per person ----- | \$225 per person        |
| Regular Registration (April 6 - May 10) _____                   | \$145 per person ----- | \$265 per person        |
| Late Registration - No Webinar Registrations After May 15 _____ | \$160 per person ----- | \$285 per person        |

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In Person: \_\_\_ Both Days \_\_\_ May 17 Only \_\_\_ May 18 Only  
 Webinar: \_\_\_ Both Days \_\_\_ May 17 Only \_\_\_ May 18 Only

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