



Treating Angry and Aggressive Children, Adolescents and Adults

Presented By

Donald Meichenbaum, Ph.D.

Objectives: To increase participants' ability to:

- | | |
|---|---|
| <ol style="list-style-type: none"> 1. Provide a life-span description of the development of aggressive behavior and identify implications for prevention and treatment 2. Employ a risk and protective factors Case Conceptualization Model that informs clinical decision-making 3. Conduct integrated interventions involving schools, clinics, communities, with parents of aggressive children | <ol style="list-style-type: none"> 4. Conduct trauma-focused cognitive-behavioral psychotherapy with children, youth and adults 5. Conduct a threat assessment toward others, as well as toward self (suicidal behaviors) 6. Provide treatment to both the perpetrators and the victims of family violence in a culturally-sensitive manner <ul style="list-style-type: none"> • post-trauma interventions |
|---|---|

12 hours

- | | |
|---|---|
| <ol style="list-style-type: none"> 1) The Development of Aggressive Behavior <ul style="list-style-type: none"> • The role of victimization • Gender differences • Deviant peer influences • Parental influences: Developmentally-sensitive interventions 2) Case Conceptualization Model Core Tasks of Psychotherapy 3) School-based Interventions <ul style="list-style-type: none"> • Needs Assessment—Classroom management • Bully-proof schools • Engage administrators and parents • Improve Academic Performance—Focus on reading skills 4) Parent-based Interventions <ul style="list-style-type: none"> • How to use developmentally-sensitive interventions • Clinically-based interventions • Community-based interventions • Ecological approaches | <ol style="list-style-type: none"> 5) Anger & Aggression in Psychiatric Disorders <ul style="list-style-type: none"> • Comorbidity with Substance Abuse/PTSD/ Personality Disorders • Threat assessment of violence toward others • Assessment and interventions with suicidal patients 6) Cognitive-Behavioral Interventions <ul style="list-style-type: none"> • Phase-oriented interventions • Application of core tasks of psychotherapy • Therapeutic Alliance/Psychoeducation/Skills Training • Treatment of victimization • Treatment of clients with comorbid disorders 7) Family Violence <ul style="list-style-type: none"> • Incidence/Assessment/Correlates • Assessing the violence potential: Batterers' programs 8) Treatment of Victims of Family Violence <ul style="list-style-type: none"> • Adults • Children |
|---|---|

Donald Meichenbaum, Ph.D.

Dr. Donald Meichenbaum is one of the founders of cognitive-behavior therapy and North American clinicians have voted him *one of the most influential psychotherapists of the century*.

Currently he is Research Director of the Melissa Institute for Violence Prevention (

see www.melissainstitute.org

and www.teachsafeschools.org).

He is the author of numerous books including: *Cognitive Behavior Modification: An Integrative Approach*, which is considered a classic in the field; *Clinical Handbook on Treating Adults with PTSD*;

Treating Individuals with Anger-Control and Aggressive Behaviors; *Stress Inoculation Training*; *Nurturing Independent Learners*, and others.

Dr. Meichenbaum has lectured internationally and consulted for many diverse populations including psychiatric patients (children, adolescents and adults), combat veterans, juvenile offenders, native populations, individuals who experience traumatic brain injuries, who are developmentally delayed, and with the deaf population.

His workshops are noted for their blend of scholarship, clinical perspicacity, practicality,

Approved Home Study CE Hours for Psychologists Counselors Social Workers Nurses AOTA

Available for an additional fee - See Exam Enclosed

©J&K Seminars, LLC - 2008 - All Rights Reserved
904 Church Rd., Wyncote, PA 19095-1601

(800) 801-5415

Practice Level—Intermediate

www.JKSeminars.com

JK@JKSeminars.com