



New Developments in Psychopharmacology

Presented by

John Preston, Psy.D.

Objectives

After this seminar, you will be able to describe

- Proposed changes in DSM5 for depression, bipolar, ADHD, and PTSD
- New medications for depression, bipolar, and other mental health disorders
- New treatments for borderline personality disorders
- Over-the-counter options

J&K Seminars Home Study Program
3 hours CE credit

This program assumes attendees have a basic understanding of psychiatric drug treatments

Agenda

Treatments—Part 1

- Depression & Relapse prevention
- Bipolar disorder & changes in DSM5
- Childhood-onset bipolar disorder & changes in DSM5

Treatments—Part 2

- ADHD & changes in DSM5
- PTSD
- Borderline personality disorders
- Over-the-counter options

John Preston, Psy.D.

Dr. Preston received his doctoral degree in Clinical Psychology from Baylor University in 1979. He has since been the director of an MHMR adult MH Services program, the chief psychologist for the Sacramento Permanente Medical Group, and a faculty member of the University of California School of Medicine (Davis), professor emeritus of the California School of Professional Psychology, and Dean of the Sacramento Professional School of Psychology. He is currently a core faculty member with Alliant International University

A board certified clinical neuropsychologist and ABPP in Counseling Psychology, Dr. Preston is the author of 21 books on various topics including psychopharmacology, psychological assessment and psychotherapy. His text, *Handbook of Clinical Psychopharmacology For Therapists*, was a number one best-seller with the Behavioral Science Book Club. His self-help book, *You Can Beat Depression*, has been endorsed by the National Mental Health Association for use in their nationwide campaign to combat clinical depression. The Mental Health Association has also presented Dr. Preston with their President's Award for his contributions to the mental health community.

Dr. Preston has lectured throughout the United States, Europe Africa, Canada, and Russia. Currently he is among the experts on the Dr. Oz Share Care website.

He has presented for J&K Seminars several times. Each time he received outstanding evaluations.

Approved Home Study CE Hours for Psychologists Counselors Social Workers Nurses AOTA

Available for an additional fee - See Exam Enclosed