Overview
In this workshop you will learn new tools to use in couples therapy. Based on systems theory, cognitive-behavioral therapy, imago concepts, and developmental stages, you’ll learn new techniques, and how to guide the process from the initial contact through termination. This course is interactive, with role plays, demonstrations, case studies, and videos.

6 Hours

Objectives
Participants will be able to describe:
- How to assess based on process, developmental stage, client expectations
- How to instruct couples to de-escalate destructive arguments
- How to use and apply experiential techniques
- How to recognize the process of the core dynamic and use it to repair old wounds

Multi-level Assessment Plan
- Rollercoaster of Relationships
- Relationship Triangle—Martyrs, Victims, and Persecutors

Creating a Treatment Plan
- Emotional Wounds—Keys to Healing
- The Perfect First Session

Treatment Techniques for Self & Couple Awareness
- Five ways of changing the emotional climate
- Effective homework assignments

Special Concerns
- Big 3: Sex, Money, Kids
- Handling Affairs

Robert Taibbi, LCSW

Robert Taibbi is a Licensed Clinical Social Worker with 43 years of experience primarily in community mental health working with children, couples and families as a clinician, supervisor and clinical director. A graduate of Rutgers University and the University of South Carolina, Bob has served as adjunct professor at several universities.

Bob is the author of 11 books, including Doing Couples Therapy: Craft and Creativity in Work with Intimate Partners; Doing Family Therapy: Craft and Creativity in Clinical Practice; Clinical Social Work Supervision; Therapy Boot Camp: Action-Oriented Brief Approaches to Anxiety, Anger, & Depression; The Art of the First Session, Brief Therapy with Couples & Families in Crisis, and the forthcoming The Process of Therapy. He has published over 300 magazine and journal articles, and has contributed chapters to several books, including the Encyclopedia of Couple & Family Therapy and Favorite Counseling Techniques: 55 Masters Share Their Secrets, which cited him among the top 100 therapists in the country.

Bob currently writes an online column entitled Fixing Families for Psychology Today, is an expert contributor to Marriage.com and World Continuing Education Alliance, has served as an advice columnist for several magazines, and has received three national writing awards for Best Consumer Health Writing.

Bob provides trainings both nationally and internationally in couples therapy, family therapy, brief therapy, and clinical supervision. He is currently in private practice in Charlottesville, VA.
Accreditations

J&K Seminars, LLC is approved by the American Psychological Association to sponsor continuing education for psychologists.

J&K Seminars, LLC maintains responsibility for this program and its content. (6 hours)

J&K Seminars LLC, Provider #1080, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWR) www.aswb.org, through the Approved Continuing Education ACE) program. J&K Seminars LLC maintains responsibility for the program. ASWB Approval Period: 01/27/2018 – 01/27/2021. Social workers should contact their regulatory board to determine course approval. Social workers participating in this course will receive (6 continuing education clock hours.)

This course has been approved by J&K Seminars, LLC, as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #757, J&K Seminars, LLC is responsible for all aspects of the programing

American Occupational Therapy Association (AOTA) – 6 hours

Pennsylvania Department of Education – Act 48 approved for (6 hours)

Pennsylvania Certification Board (6 hours)

J&K Seminars, LLC is an approved provider of continuing education by the Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation (6 hours)

This course is approved by the Association of Social Work Boards – ASWB NJ CE Course Approval Program. Provider 88 Course #1917 from 07/27/2018 to 07/27/2020. Social workers will receive the following type and number of credits: Clinical Social Work 6

J&K Seminars, LLC, SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for Licensed Social Workers #SW-0174. (6 hours)

J&K Seminars, LLC is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Marriage and Family Therapist #MFT-0041 (6 hours)

J&K Seminars, LLC is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Mental Health Counselors. #MHC-0077. 6 Hours.

Ohio Counselor, Social Worker, Marriage and Family Therapist- RCST111404 (6 hours)

State of Illinois Department of Professional Regulation – J&K Seminars, LLC is a Registered Social Worker Continuing Education Sponsor – License # 159-000833, and Marriage and Family Therapy Continuing Education Sponsor – License # 168-000195 (6 hours)