

Step-by-Step Approaches to the Assessment and Treatment of Anxiety

Presented by

Martin M. Antony, Ph.D., A0504

Dear Participant:

Thank you for completing this program. We value your comments. Please fill out and return this evaluation form with your test.

Your test will not be scored without this evaluation.

1. How helpful was the program in increasing your understanding of:

	<u>Very Helpful</u>		<u>Some Help</u>		<u>No Help</u>	<u>AVG</u>
1) <i>Diagnostic issues and ideology of anxiety disorders</i>	5	4	3	2	1	4.5
2) <i>The assessment of anxiety disorders</i>	5	4	3	2	1	4.0
3) <i>Exposure-based strategies</i>	5	4	3	2	1	4.3
4) <i>Cognitive strategies</i>	5	4	3	2	1	4.1
5) <i>Treatment of panic and agoraphobia</i>	5	4	3	2	1	4.3
6) <i>Treatment of PTSD and social phobia</i>	5	4	3	2	1	4.1
7) <i>Treatment of specific phobias & generalized anxiety disorders</i>	5	4	3	2	1	3.9
8) <i>Treatment of obsessive compulsive disorder</i>	5	4	3	2	1	4.0

2. How effective was Dr. Antony in presenting this program?

<u>Very Effective</u>					<u>Ineffective</u>
5	4	3	2	1	4.4

3. How knowledgeable was Dr. Antony regarding the material he presented?

<u>Most Knowledgeable</u>					<u>Least Knowledgeable</u>
5	4	3	2	1	4.9

Comments regarding Dr. Antony' quality of instruction and teaching ability:

4. **BEFORE** you began this program, how valuable did you anticipate this program would be for you?

<u>Very Valuable</u>					<u>No Value</u>
5	4	3	2	1	3.5

5. **NOW** that you have finished this program, how valuable did you find it?

<u>Very Valuable</u>					<u>No Value</u>
5	4	3	2	1	4.5

Have you completed any other *J&K Seminar* home study program? ____Yes ____No

Now that you have completed this *J&K Seminars* audiotape program, how inclined are you to order other programs?

<u>Highly Inclined</u>		<u>Somewhat Inclined</u>		<u>Disinclined</u>
5	4	3	2	1

Comments:

Additional Overall Comments, Criticisms, Compliments and Suggestions (What can we do to improve our programs?):

Speaker
Clear, Precise & relaxed
Easy to listen to, good humor & interesting
Easy to understand and engaging
Engaging, humorous & engaging style
Good communication and very well prepared
His discussion on how to implement exposure therapy
Interesting, sense of humor, not too much ego
very clear and effective presentation
Very concise & to the point
Very good presenter, easy to follow
Very well informed and capable teacher

Comment
Enjoyed this more than a live seminar
Great interest maintaining style of presentation
I'd love to see the cartoons he used
I loved this course!
The process was easy & the material was useful
Too much info was covered & too little depth
Will improve my treatment for chronic pain patient