

# Feedback Form - RESULTS

*The Pain Paradox: Mindfulness, Compassion, and Resilience in Trauma Therapy*  
**April 4 & 5, 2013      John Briere, Ph.D n = 150 6/24/13**

Thank you for attending this program. We value your comments. Please give us your feedback.

1. How helpful was the program in increasing your understanding of:

<u>Day 1</u>	<u>Very Helpful</u>	<u>Some Help</u>	<u>No Help</u>	<u>AVG</u>		
1) <u>Complex Trauma</u> .....	5	4	3	2	1	4.4
2) <u>Trauma, Pain &amp; Suffering</u> .....	5	4	3	2	1	4.4
3) <u>The Pain Paradox</u> .....	5	4	3	2	1	4.3
4) <u>Trauma, Chaos, Pain, and Other Opportunities</u> .....	5	4	3	2	1	4.2
<u>Day 2</u>						
5) <u>Mindfulness</u> .....	5	4	3	2	1	4.2
6) <u>The Therapeutic Relationship</u> .....	5	4	3	2	1	4.7
7) <u>Cognitive Aspects of Trauma Therapy</u> .....	5	4	3	2	1	4.3
8) <u>Titrated Emotional Processng</u> .....	5	4	3	2	1	4.3

2. How effective was Dr. Briere's presentation?	<u>Very Effective</u>	5	4	3	2	<u>Ineffective</u>	1	4.6
3. How responsive was Dr. Briere to the participants?	<u>Very Responsive</u>	5	4	3	2	<u>Nonresponsive</u>	1	4.8
4. Were the handouts suitable and useful?	<u>Very Useful</u>	5	4	3	2	<u>Useless</u>	1	4.4
5. How effectively did Dr. Briere use technology?	<u>Very Effective</u>	5	4	3	2	<u>Ineffective</u>	1	4.0
6. How knowledgeable was Dr. Briere regarding the material she presented?	<u>Most Knowledgeable</u>	5	4	3	2	<u>Not Knowledgeable</u>	1	4.9
7. How appropriate was this program to your level of education & experience?	<u>Very Appropriate</u>	5	4	3	2	<u>Inappropriate</u>	1	4.6
8. How current was the information Dr. Briere presented?	<u>Very Current</u>	5	4	3	2	<u>Out of Date</u>	1	4.8

Comments regarding Dr. Briere quality of instruction and teaching ability:

9. <b>BEFORE</b> the program began, how valuable did you anticipate that this program would be for you?	<u>Very Valuable</u>	5	4	3	2	<u>No Value</u>	1	4.3
10. <b>NOW</b> that the program is over, how valuable did you find it?	<u>Very Valuable</u>	5	4	3	2	<u>No Value</u>	1	4.6

11. <b>Please rate the facility.</b>		<u>Excellent</u>		<u>Acceptable</u>		<u>Poor</u>
The room in which the seminar was held	5	4	3	2	1	4.1
The Host Hotel in general as a site to hold seminars	5	4	3	2	1	4.0

Comments:

12. **Did you require an accommodation for a disability?** \_\_\_Yes \_\_\_No.

If Yes, please comment on the ease with which you were able to request accommodation and the effectiveness of J&K Seminars in fulfilling your requests.

13. <b>Please rate the J&amp;K Seminars staff.</b>		<u>Excellent</u>		<u>Acceptable</u>		<u>Poor</u>
At the seminar, were you greeted and made to feel welcome?	5	4	3	2	1	4.7
Was the staff at the seminar registration tables courteous and helpful?	5	4	3	2	1	4.8
Was the staff at the bookstore courteous and helpful?	5	4	3	2	1	4.3
Your overall rating of the J&K Seminars staff	5	4	3	2	1	4.8

Comments:

14. Please rate the refreshments served at the program.		<u>Excellent</u>		<u>Acceptable</u>		<u>Poor</u>
	5	4	3	2	1	4.4

Comments:

15. **Have you attended other J&K Seminars?** \_\_\_Yes \_\_\_No

16. **Now that you have attended this J&K Seminar, how inclined are you to attend another J&K Seminar?**

	<u>Highly Inclined</u>		<u>Somewhat Inclined</u>		<u>Disinclined</u>	
	5	4	3	2	1	4.6

Comments:

*Additional Overall Comments, Criticisms, Compliments and Suggestions (What can we do to improve our programs?):*

**Please give this form to our staff when you pick up your certificate**

**Or Mail to:** J&K Seminars, 1861 Wickersham Lane, Lancaster, PA 17603

**Or Fax to:** (717) 393-4605

**Or email to:** ken@jkseminars.com

**OPTIONAL**

\_\_\_ Would you like us to contact you? If so, please provide your name and phone or email address on the line below.

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Speaker
Would love a part 2 on mindfulness and compassion
Would have liked to see some more video demonstrations, down to earth in his approach, used humor, pleasant voice, kept me interested
Would have appreciated him discussing the material at a deeper level
Wonderful, full of compassion
very well organized speaker, interesting engaged and humorous, would have liked more focus on clinical intervention techniques
Very knowledgeable and entertaining, interactive and interesting
Very knowledgeable
Very good presenter, I learned a great deal about trauma and the treatment for its victims
Very engaging and informative. I enjoyed his sense of humor
very engaging
Use of humor helped out in the afternoon
Too much time answering questions and not enough on the new material
Too many stories, needs more practical techniques and applications, liked his use of comedy to lighten up a heavy topic
thanks for helping me to appreciate and embrace my client centered background
Tends to ramble
Spent too much time on each story/slide
Relaxed and humorous
Phenomenal, I felt like I was attending a doctoral level overview of psychiatry and psychology
More visual with presentation please
More variety in teaching modalities would be helpful too
Lots of laughs, clearly knows his research
knowledgeable, personable and humorous, excellent use of specific examples
It seemed relevant to him, more organized on day 2, he has a tendency to wander and a story teller rather than a lecturer. Too loose and conversational. Charming but occasionally confusing
Informative and enjoyable
I prefer more details I handouts so you can focus on listening and not writing
I liked his humor, his clinical examples were good, his style was clear, he didn't have to use jargon, instead he used plain English
I enjoyed his presentation very much
Humor enhances absorption
His research remains current and cutting edge
His presentation reinforced and enhanced new information and his use of humor was engaging
He was wonderful & engaging
he spent a little bit too much time on questions
He is a very good teacher he covers topic with humor and sensitivity
Great speaker, knowledgeable and humorous
Extremely insightful, knowledgeable and emotionally connected, I was benefitted greatly by hearing his thoughts
Excellent, very powerful seminar, very informative and engaging
Excellent, very personable and knowledgeable
Excellent, knowledgeable
Excellent training
Excellent speaker
Excellent presenter, very practical and much useful info

Excellent knowledge base. Outstanding experience and terrifically articulate
Excellent combo of theory, practice and examples
Excellent
Excellent
Excellent
Did not overuse PowerPoint, he is very funny and engaging
Broad and deep knowledge
Brilliant, not new material but Dr. Briere put it together beautifully & helped me intergrade it further so I can use it better
as usual everything was taken into consideration
amazing to see him in person
A light touch with a very heavy topic
1st rate teacher, researcher, educator

Overall

Your seminars are amazing. Great learning environment, great subjects

You have been excellent over the years

you don't have too much control over the speakers but the speaker was missing the mark

Very pleased Useful with practice and provides good service information

Very organized

Those with laptops should be placed in the back of the room to avoid distraction as several people were playing games and the screen was annoying

Thanks for the wonderful presentation

Programs are consistently different

Nice job

My expectation of the program exceeded the actual content

Love the Lancaster area

Keep up the good work!

keep on doing what you are doing! Great job!

Keep it up

Keep doing what you guys do!

I've been to your seminars many times and have always going them exceptional.

Info regarding medication & trauma was helpful

info regarding medication & trauma was helpful

I didn't like the music in between breaks

Have the bookstore open the entire time

Great training! Thank you!

Great program ! Ty

Friendly and family feeling

Better system for certificate collection please

Best conference ever

As always , a well organized and informative event

A little pricey but it was great to have the food, the and the police to escort you