

Feedback Form n = 112

Scared Stiff: Fast, Effective Treatment for Anxiety Disorders

Presented By: David D. Burns, M.D. (B0507) 5/30/12

Dear Participant:

Thank you for completing this program. We value your comments. Please complete and return this form with your test.

1. How helpful was the program in increasing your understanding of:

<u>Day 1</u>	<u>Very Helpful</u>		<u>Some Help</u>		<u>No Help</u>	<u>AVG</u>
1) Three Treatment Models for Anxiety Disorders	5	4	3	2	1	4.5
2) Measurement: Exciting Implications	5	4	3	2	1	4.4
3) Therapeutic Empathy & Agenda Setting	5	4	3	2	1	4.7
4) Applications to a Clinical Example	5	4	3	2	1	4.7

Day 2

5) The Cognitive Model	5	4	3	2	1	4.6
6) Additional Techniques of the Cognitive Model	5	4	3	2	1	4.7
7) Innovations in Exposure Therapy	5	4	3	2	1	4.5
8) Treatment Algorithms	5	4	3	2	1	4.3

2. How effective was Dr. Burns in presenting this program?

<u>Very Effective</u>				<u>Ineffective</u>	
5	4	3	2	1	4.8

3. How knowledgeable was Dr. Burns regarding the material he presented?

<u>Most Knowledgeable</u>				<u>Least Knowledgeable</u>	
5	4	3	2	1	5.0

Comments regarding Dr. Burns's quality of instruction and teaching ability:

4. **BEFORE** you began this program, how valuable did you anticipate this program would be for you?

<u>Very Valuable</u>				<u>No Value</u>	
5	4	3	2	1	3.6

5. **NOW** that you have finished this program, how valuable did you find it?

<u>Very Valuable</u>				<u>No Value</u>	
5	4	3	2	1	4.8

Have you completed other *J&K Seminar* home study programs? ___Yes ___No

Now that you have completed this program, how inclined are you to order other **J&K** programs?

<u>Highly Inclined</u>		<u>Somewhat Inclined</u>		<u>Disinclined</u>	
5	4	3	2	1	

Comments:

Additional Overall Comments, Criticisms, Compliments and Suggestions (What can we do to improve our programs?):

Speaker
A bit long and dragged but worthwhile
Amazing ability to hold attention
Amazing presenter, interesting lectures
Appreciate his humor and openness
Can communicate Clearly & Concisely
Didn't always stick to slides
Dr. Burns is a wise man
Effective communicator
Effective therapeutic techniques
Effective, skilled informed, worthwhile
Empathetic and person-centered
Engaging style and manner
Excellent
Excellent
Excellent
Excellent
Excellent instructor, very supportive & encouraging
Excellent presenter and program
Excellent speaker & teacher, Pertinent info to work
Excellent teacher, amount of info was daunting
Found myself to be inspired about the therapy mod
Fun & engaging, full of info
Great course
Great!
He gives great examples, makes material fun
He isn't one of my favorite presenters
I enjoyed his teaching like his readings.
I enjoyed using the material in therapy sessions
I love his personality and case examples
I would love to see him in person
Interesting presenter, knowledgeable
Long on examples but excellent presenter
Love the humor, demonstrations and case studies
Marvelous and magical
Motivated, empathetic and humorous teacher
Personable & funny, which made content more enjoy
Phenomenal presentation w/ applicable practice tech
Practical, very good clinical insights
Some questions ambiguous
Use of humor was refreshing
Very clear & organized, good examples
Very enjoyable
Very good
Very good personable down to earth speaker

Very good program
Very good training
Very good, kept me interested
Very knowledgeable and down to earth
Very skillful presenter
Wonderful
Wow! I loved it!

Comment
A bit expensive
Able to listen on Ipad, thanks for tech support
Absolutely the best
Best training have listened to
DVD would have been better
Easy to understand
Fabulous, I would love to hear him again
For a CD series, I was surprisingly pleased
Found difficult to stay focused
Good job for CEU credits
Great presentation! Thanks
Great program that I can apply in my practice
High price for scoring test
I like to go to programs in person
Just ordered a another program!
Learned something new
List of topics on Cd should be labeled for easy re
Made me feel hopeful about doing therapy!
Never been bored by J&K programs!
overall good program
Questions were confusing
Thank you for an excellent program
Thanks for your suggested programs
Thanks J&K for a great learning experience
Thanks so much for this service
This was not a waste of my time
Too long for a CD, much of the presentation is unnecessary
Very impressed, excellent customer service
very specific and exciting, thanks for your help
your CD's are consistently excellent