

Feedback Form Results n = 120
Dialectical Behavior Therapy (DBT)
Oct. 31 & Nov 1, 2013 Charles Swenson, M.D.

Thank you for attending this program. We value your comments. Please give us your feedback.

1. How helpful was the program in increasing your understanding of:

<u>Day 1</u>	<u>Very Helpful</u>	<u>Some Help</u>	<u>No Help</u>	<u>AVG</u>		
1) <u>Overview of DBT</u>	5	4	3	2	1	4.4
2) <u>DBT Theory, Principles, and Assumptions</u>	5	4	3	2	1	4.4
3) <u>Functions of DBT Treatment</u>	5	4	3	2	1	4.4
4) <u>Goals, Stages and Targets</u>	5	4	3	2	1	4.3
<u>Day 2</u>						
5) <u>Problem-Solving Strategies</u>	5	4	3	2	1	4.4
6) <u>Validation Strategies</u>	5	4	3	2	1	4.5
7) <u>Dialectic Strategies</u>	5	4	3	2	1	4.0
8) <u>Putting It All Together</u>	5	4	3	2	1	3.6

2. How effective was Dr. Swenson's presentation?	<u>Very Effective</u>	5	4	3	2	<u>Ineffective</u>	1	4.7
3. How responsive was Dr. Swenson to the participants?	<u>Very Responsive</u>	5	4	3	2	<u>Nonresponsive</u>	1	4.8
4. Were the handouts suitable and useful?	<u>Very Useful</u>	5	4	3	2	<u>Useless</u>	1	4.6
5. How effectively did Dr. Swenson use technology?	<u>Very Effective</u>	5	4	3	2	<u>Ineffective</u>	1	4.6
6. How knowledgeable was Dr. Swenson regarding the material he presented?	<u>Most Knowledgeable</u>	5	4	3	2	<u>Not Knowledgeable</u>	1	4.8
7. How appropriate was this program to your level of education & experience?	<u>Very Appropriate</u>	5	4	3	2	<u>Inappropriate</u>	1	4.7
8. How current was the information Dr. Swenson presented?	<u>Very Current</u>	5	4	3	2	<u>Out of Date</u>	1	4.8

Comments regarding Dr. Swenson's quality of instruction and teaching ability:

9. BEFORE the program began, how valuable did you anticipate that this program would be for you?	<u>Very Valuable</u>	5	4	3	2	<u>No Value</u>	1	4.1
10. NOW that the program is over, how valuable did you find it?	<u>Very Valuable</u>	5	4	3	2	<u>No Value</u>	1	4.7

11. Please rate the facility.	<u>Excellent</u>		<u>Acceptable</u>		<u>Poor</u>	<u>AVG</u>
The room in which the seminar was held	5	4	3	2	1	4.1
The Host Hotel in general as a site to hold seminars	5	4	3	2	1	4.0

Comments:

12. **Did you require an accommodation for a disability? ___Yes ___No.**

If Yes, please comment on the ease with which you were able to request accommodation and the effectiveness of J&K Seminars in fulfilling your requests.

13. Please rate the J&K Seminars staff.	<u>Excellent</u>		<u>Acceptable</u>		<u>Poor</u>	
At the seminar, were you greeted and made to feel welcome?	5	4	3	2	1	4.8
Was the staff at the seminar registration tables courteous and helpful?	5	4	3	2	1	4.8
Was the staff at the bookstore courteous and helpful?	5	4	3	2	1	3.8
Your overall rating of the J&K Seminars staff	5	4	3	2	1	4.8

Comments:

14. Please rate the refreshments served at the program.	<u>Excellent</u>		<u>Acceptable</u>		<u>Poor</u>	
	5	4	3	2	1	4.2

Comments:

15. **Have you attended other J&K Seminars? ___Yes ___No**

16. **Now that you have attended this J&K Seminar, how inclined are you to attend another J&K Seminar?**

	<u>Highly Inclined</u>		<u>Somewhat Inclined</u>		<u>Disinclined</u>	
	5	4	3	2	1	4.5

Comments:

Additional Overall Comments, Criticisms, Compliments and Suggestions (What can we do to improve our programs?):

Please give this form to our staff when you pick up your certificate

Or Mail to: J&K Seminars, 1861 Wickersham Lane, Lancaster, PA 17603
Or Fax to: (717) 393-4605
Or email to: ken@jkseminars.com

OPTIONAL

___ Would you like us to contact you? If so, please provide your name and phone or email address on the line below.

Speaker
Very knowledgeable in the info presented. He was very much able to draw attention and interest to the topic because of his down to earth and realistic way of presenting.
Very helpful and engaging. He was clear and was able to get through the material he planned on presenting while accommodating his audience questions and interests
Very effective and smooth, good knowledge of content
too much cursing
The lecture and role play were incredibly valuable
Outstanding - taught and demonstrating skills revealed in his humanity
Outstanding
It all made wonderful sense but a lot to process then incorporate
I felt the examples were helpful but at times Dr. Swenson was wordy and I found myself drifting away.
He did an excellent job. Organized and clear in his presentation of material
Good speaker, very engaging and responsive, good examples
Good mix of stories, role plays and videos
Good examples
Fabulous, Fantastic, Enlightening
Excellent, very knowledgeable
Excellent, extraordinary and knowledgeable. Down to earth
Excellent teacher with good examples and personal experiences
Excellent particular his handling of role plays
Excellent in terms of plain way of speaking. Excellent examples
Entertaining and Educational
Dry
Down to earth, articulate, responsive, intelligent and effective
Could show more video presentations on TX sessions
Could have done le3ss story telling and shown more actual sessions
Brilliant

Overall

You do an excellent job, making the overall experience pleasant and choose excellent teachers at a moderate, reasonable cost

Took a little too much time answering questions as opposed to focusing more on actual concrete content of presentation.

told others of your seminars

Seminars that focus on the adolescent population directly would create a bigger interest for me

More time spent of dialects and a little less on validation on day 2

Intensive

I thought it was in poor taste to address the crowd about someone's CC issue. I would have been so embarrassed.

I have learned a lot and needed this growth in my practice, this kind of help is vital.

Great energy and humor

Excellent job!

Breaks and lunch are great!

Best conference

As always, everything was very well organized and speaker was excellent.

Appreciate ken's keeping speaker on target, respectfully as always, great streamlined process for everything

Constant Contact Survey Results

Survey Name: S1013 Webinar Feedback

Response Status: Partial & Completed

Filter: None

Nov 09, 2013 7:27:16 PM

1. How helpful was the webinar in increasing your understanding of each item?

Top number is the count of respondents selecting the option. Bottom % is percent of the total respondents selecting the option.

	No Help		Some Help		Very Helpful
Overview of DBT	0 0%	0 0%	7 6%	16 15%	85 79%
DBT Theory, Principles, and Assumptions	0 0%	0 0%	8 7%	17 16%	83 77%
Functions of DBT Treatment	0 0%	0 0%	8 7%	21 19%	79 73%
Goals, Stages and Targets	0 0%	0 0%	7 7%	19 18%	81 76%
Problem-Solving Strategies	0 0%	0 0%	7 6%	24 22%	77 71%
Validation Strategies	0 0%	1 1%	6 6%	19 18%	82 76%
Dialectic Strategies	0 0%	1 1%	11 10%	16 15%	78 74%
Putting It All Together	0 0%	0 0%	10 10%	30 29%	64 62%

2. How effective was Dr. Swenson's presentation

Top number is the count of respondents selecting the option. Bottom % is percent of the total respondents selecting the option.

Ineffective					Very Effective
0	0	3	17	87	
0%	0%	3%	16%	81%	

3. How responsive was Dr. Swenson to the participants?

Top number is the count of respondents selecting the option. Bottom % is percent of the total respondents selecting the option.

Nonresponsive					Very Responsive
0	0	1	16	91	
0%	0%	1%	15%	84%	

4. Were the handouts suitable and useful?

Top number is the count of respondents selecting the option. Bottom % is percent of the total respondents selecting the option.

Useless					Very Useful
0	0	2	23	81	
0%	0%	2%	22%	76%	

5. How effectively did Dr. Swenson use technology?

Top number is the count of respondents selecting the option. Bottom % is percent of the total respondents selecting the option.

Ineffective					Very Effective
0	0	7	30	72	

0% 0% 6% 28% 66%

6. How knowledgeable was Dr. Swenson regarding the material he presented?

Top number is the count of respondents selecting the option. Bottom % is percent of the total respondents selecting the option.

	Not Knowledgeable				Most Knowledgeable
	0	0	0	5	103
	0%	0%	0%	5%	95%

7. How appropriate was this program to your level of education & experience?

Top number is the count of respondents selecting the option. Bottom % is percent of the total respondents selecting the option.

	Inappropriate				Very Appropriate
	0	1	6	25	75
	0%	1%	6%	23%	70%

8. How current was the information Dr. Swenson presented?

Top number is the count of respondents selecting the option. Bottom % is percent of the total respondents selecting the option.

	Out of Date				Very Current
	0	1	1	13	92
	0%	1%	1%	12%	86%

9. Comments regarding Dr. Swenson's quality of instruction and teaching ability:

77 Response(s)

10. BEFORE the program began, how valuable did you anticipate that this program would be for you?

Top number is the count of respondents selecting the option. Bottom % is percent of the total respondents selecting the option.

No Value					Very Valuable
0	4	34	38	32	
0%	4%	31%	35%	30%	

11. NOW that the program is over, how valuable did you find it?

Top number is the count of respondents selecting the option. Bottom % is percent of the total respondents selecting the option.

No Value					Very Valuable
1	1	6	21	78	
1%	1%	6%	20%	73%	

12. Please rate the Webinar Meeting Room

Top number is the count of respondents selecting the option. Bottom % is percent of the total respondents selecting the option.

Poor			Acceptable	Excellent
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0	0	13	31	50
0%	0%	14%	33%	53%

50 Comment(s)

13. Have you attended other J&K Seminars?

	Number of Response(s)	Response Ratio
Yes	77	71.2%
No	31	28.7%
Total	108	100%

14. Now that you have attended this J&K Webinar, how inclined are you to attend another J&K Webinar?

Top number is the count of respondents selecting the option. Bottom % is percent of the total respondents selecting the option.

Disinclined	Somewhat Inclined	Highly Inclined
0	1	6
0%	1%	6%
		100
		93%

29 Comment(s)

15. Additional Overall Comments, Criticisms, Compliments and Suggestions (What can we do to improve our programs?)

31 Response(s)

16. How likely would you be to attend each of the following programs?

Top number is the count of respondents selecting the option. Bottom % is percent of the total respondents selecting the option.

	Not Likely	Somewhat Likely	Highly Likely
CBT & Emotionally Focused Therapy Combined - David Barlow	13 13%	47 47%	41 41%
Frontiers of Trauma Treatment - Bessel van der Kolk	28 28%	33 33%	39 39%
Acceptance and Commitment Therapy (ACT) for Anxiety Disorders - John P. Forsyth	21 20%	55 53%	27 26%
Suicide Assessment and Management - David Rudd	31 31%	47 47%	22 22%
EMDR Fundamentals for Therapists - Jamie Marich	48 48%	34 34%	18 18%
Integrated Treatment of Addiction, Mood, & Anxiety Disorders - Dennis Daley	30 31%	44 45%	24 24%
Pathways to Intimacy: Integrating Sexuality into Couples Treatment - David Treadway	42 42%	37 37%	22 22%
Deceived: Helping Women Facing Sexual Betrayal, Lies and Secrets - Claudia Black	34 33%	39 38%	29 28%
Preparing for the ICD-10 Diagnostic HIPPA & Ethical Requirements - Gerald Koocher	25 25%	41 41%	35 35%
It Takes One to Tango: Doing Couples Therapy with Individuals - Michele Weiner-	36 34%	36 34%	33 31%
8 Comment(s)			

17. How likely would you be to attend each of the following programs?

Top number is the count of respondents selecting the option. Bottom % is percent of the total respondents selecting the option.

	Not Likely	Somewhat Likely	Highly Likely
The Mindful Way Through Anxiety - Susan M.	13	52	40

Orsillo & Liz Roemer	12%	50%	38%
Motivational Interviewing: Preparing People to Change Addictive Behavior - William Miller	30	49	26
Working With Unmotivated Angry Clients - Scott D. Miller	29%	47%	25%
ADHD & Executive Function: New Understandings & Management - Russell	31	42	27
Scheme Therapy for Narcissism - Wendy T. Behary	31%	42%	27%
What Mental Health Professionals Need to Know About the Brain - Daniel Amen	35	40	28
Shyness and Social Anxiety: Evidence-Based Techniques for Overcoming Fear - Martin	34%	39%	27%
Anger Regulation Therapy: A Mindfulness and Acceptance-Based Approach - Frank L.	41	52	9
Treating Self-Injury - Barent W. Walsh	40%	51%	9%
The Neuropsychology of Dementia - Jason Brandt	26	43	34
	25%	42%	33%
	22	51	32
	21%	49%	30%
	17	52	36
	16%	50%	34%
	32	51	18
	32%	50%	18%
	48	32	21
	48%	32%	21%
4 Comment(s)			

18. How likely would you be to attend each of the following programs?

Top number is the count of respondents selecting the option. Bottom % is percent of the total respondents selecting the option.

	Not Likely	Somewhat Likely	Highly Likely
Emotionally Focused Therapy For Couples - Sue Johnson	46	38	23
	43%	36%	21%
Countering Resistive Thinking with Strategic Therapy - Michael Yapko	44	36	20
	44%	36%	20%
Smart But Scattered: Strengthening Executive Skills in Children & Adolescents - Peg	35	35	31
	35%	35%	31%
3 Comment(s)			

19. Please list other topics and speakers you would be highly likely to attend.

26 Response(s)
