

# Feedback Form Results n =252

## Understanding & Managing Chronic Pain

May 12 &13, 2011      Presented By    Dennis C. Turk, Ph.D.

Thank you for attending this program. We value your comments. Please give us your feedback.

1. How helpful was the program in increasing your understanding of:

<u>Day 1</u>	<u>Very Helpful</u>	<u>Some Help</u>	<u>No Help</u>	<u>AVG</u>
1) <u>Chronic Pain: Magnitude of the Problem</u> .....	5	4	3	2 1 4.1
2) <u>Effectiveness of Treatment</u> .....	5	4	3	2 1 4.1
3) <u>Multidimensional Assessment</u> .....	5	4	3	2 1 4.1
4) <u>Biopsychosocial &amp; Cognitive Behavior Rehabilitation</u> .....	5	4	3	2 1 3.9

Day 2

5) <u>Cognitive Techniques</u> .....	5	4	3	2 1 3.8
6) <u>Behavioral Methods</u> .....	5	4	3	2 1 3.8
7) <u>Comparing Treatment Effectiveness</u> .....	5	4	3	2 1 3.8
8) <u>Applying All We Have Learned</u> .....	5	4	3	2 1 3.9

2. How effective was Dr. Turk's presentation?	<u>Very Effective</u>	5	4	3	2	<u>Ineffective</u>	1	4.4
3. How responsive was Dr. Turk to the participants?	<u>Very Responsive</u>	5	4	3	2	<u>Nonresponsive</u>	1	4.3
4. Were the handouts suitable and useful?	<u>Very Useful</u>	5	4	3	2	<u>Useless</u>	1	4.5
5. How effectively did Dr. Turk use technology?	<u>Very Effective</u>	5	4	3	2	<u>Ineffective</u>	1	4.4
6. How knowledgeable was Dr. Turk regarding the material he presented?	<u>Most Knowledgeable</u>	5	4	3	2	<u>Not Knowledgeable</u>	1	4.8
7. How appropriate was this program to your level of education & experience?	<u>Very Appropriate</u>	5	4	3	2	<u>Inappropriate</u>	1	4.3
8. How current was the information Dr. Turk presented?	<u>Very Current</u>	5	4	3	2	<u>Out of Date</u>	1	4.5

Comments regarding Dr. Turk quality of instruction and teaching ability:

9. <b>BEFORE</b> the program began, how valuable did you anticipate that this program would be for you?	<u>Very Valuable</u>	5	4	3	2	<u>No Value</u>	1	4.2
10. <b>NOW</b> that the program is over, how valuable did you find it?	<u>Very Valuable</u>	5	4	3	2	<u>No Value</u>	1	4.2

11. <b>Please rate the facility.</b>	<u>Excellent</u>		<u>Acceptable</u>		<u>Poor</u>	
The room in which the seminar was held	5	4	3	2	1	4.3
The Host Hotel in general as a site to hold seminars	5	4	3	2	1	4.2

Comments:

12. **Did you require an accommodation for a disability?** \_\_\_Yes \_\_\_No.  
 If Yes, please comment on the ease with which you were able to request accommodation and the effectiveness of J&K Seminars in fulfilling your requests.

13. <b>Please rate the J&amp;K Seminars staff.</b>	<u>Excellent</u>		<u>Acceptable</u>		<u>Poor</u>	
At the seminar, were you greeted and made to feel welcome?	5	4	3	2	1	4.7
Was the staff at the seminar registration tables courteous and helpful?	5	4	3	2	1	4.6
Was the staff at the bookstore courteous and helpful?	5	4	3	2	1	3.8
Your overall rating of the J&K Seminars staff	5	4	3	2	1	4.6

Comments:

14. Please rate the refreshments served at the program.	<u>Excellent</u>		<u>Acceptable</u>		<u>Poor</u>	
	5	4	3	2	1	4.4

Comments:

15. **Have you attended other J&K Seminars?** \_\_\_Yes \_\_\_No

16. <b>Now that you have attended this J&amp;K Seminar, how inclined are you to attend another J&amp;K Seminar?</b>	<u>Highly Inclined</u>		<u>Somewhat Inclined</u>		<u>Disinclined</u>	
	5	4	3	2	1	4.7

Comments:

*Additional Overall Comments, Criticisms, Compliments and Suggestions (What can we do to improve our programs?):*

Please give this form to our staff when you pick up your certificate

**OR**

**Mail to:** J&K Seminars, 1861 Wickersham Lane, Lancaster, PA 17603  
**Fax:** (717) 393-4605

**comments current seminar****Speaker**

you did not deal with the influence obesity has to chronic pain

wish he could have reviewed pediatric and issues of sickle cell

Very well spoken and educated on the topic. Love your seminars

very well done

Very repetitious

very knowledgeable talks very fast at time very repetitive

Very knowledgeable and engaging

Very knowledgeable & engaging presenter. Felt that the extensive volume of research studies outlined in Day 1 could have been condensed a bit

very knowledgeable

very interesting, even in presenting relatively dull material, however spoke too fast

very informed and good presenter

very informative, thanks so much

Very good presenter, when talking about opiates, I would have liked to hear more about substance abuse, pain med misuse & tolerance & Addiction. That was one of the main things that I deal with in my chronic pain assessments

Very good however because the slide order presented did not match the handout, note taking was more difficult,

Very engaging enjoyed his sense of humor, sometimes difficult to follow when talking fast about dense concepts, better to edit the content than to speed through

Very clear and presents the research sensibly and objectively, without any kind of professional agenda to favor his own professional interest. We need honest, thoroughly knowledgeable speakers in all areas relevant to the haling and medical professions

Variety in teaching method such as a video throughout the session would help, overall quite informative and enjoyable for someone who has followed Meichenbaum, Novaco and Turk since the late 1970's

Turk is very knowledge but wish he followed handouts more closely and proof read it

Turk appears to be very bright but I didn't find info to be useful, most I already knew and applied

Triggers a lot of thought, view issues differently, helpful to include case presentation and to have audience to share in treatment ideas/approaches

Too rushed could have spent more time on the actual interventions used on his case studies

Too much time on statistics, very redundant

too much time on magnitude and assessment, extremely knowledgeable, too much time on what doesn't work

too much statistical info, interesting but too much, spoke quickly at times, would have like a bit more audience participation to break the monotony

too much reading of material, little interaction, way too much time spent of ineffectiveness of treatment, day 2 was a bit better, some useful info, some interaction

Too much reading to audience too much data for my practice

too much detailed info in spine conditions

Too many questions, too much time related to "Janet's" case study

too many charts and slides, talked too fast, difficult too stay tuned with so much raw data

too general, just spoke about back pain

This was useful! Good handouts, so much to take in, this could go another day

This was to basic info for me, I work w/ substance abuse addicts and I already use a multidimensional assessment. I already use an interdisciplinary approach, this was too much from the MD perspective

**comments current seminar**

**Speaker**

This was the most tedious 2 days

This was an excellent presentation, informative and helpful, saved me lots of \$\$ from flying to Seattle

This was an excellent and well organized, day 1 started slowly and then had to speed up the important info

The material provided was not what I had expected it to be, therefore I did not get what I had hoped from training

talks too fast, more case studies would have been good, I like all the charts and graphs but some people thought it was an overkill

talks too fast

talking too fast, probably because too much material and little time given

structured and lively presentation, good use of humor, excellent teaching abilities

Statistics not particularly helpful since I'm here I know it's important and expensive, Day 1 could have been covered in an hour. Spend more time and more specific on items 4-6, i.e. How to help someone accept no cure, demoralization, etc.

Spent lots of time on day 1 emphasizing on stats, then presented case studies, spent little time assessing questions and the audience was asking questions that reflected this

speaks too fast at ends of sentence and tends to trim off ends of some words, otherwise good job

some info was outdated

Smaller groups of audience would have allowed for more interactions with audience

slides out of order from handout, very good included humor

Slides could be better organized and minimized

showed slides that we didn't have-wish we could have had those replacements, slides were out of order, wished he had talked about other pain meds

Really really good, can apply in my practice

quality has declined over the years, the guest rooms need to be brought up to the standard

Presentation could have been condensed. A lot of material to give time for case studies, needed more audience participation

pleased when did involve questions and case examples for my goals and practice would have appreciated more specifics on treatments and cluster groups(mentioned on 1st day) Research was helpful but summarize and add footnote without 2 days of full research

perhaps less research data and more case presentations, way too repetitive, tough to maintain interest

Overall, high quality of instruction but the section on cognitive techniques & behavioral methods felt too rushed and too general. I found his example of the lemon image clever, I also felt he simplified assertiveness training

Overall excellent interesting info on the economics of pain TX & effectiveness (lack of) various txs

obviously knowledgeable and clearly an expert, lots of good data, too much time spent on data on effectiveness of rx in the PM and the cost of pill/surgery costs, needed more time on what to do in a small clinic when collaborating with many disciplines

needed charts in order to follow along, easy to listen to and keep your attention

nice presentation, I have a strong health and pain management and was hoping to learn a bit more in terms of new/updated approaches

Mostly common sense, info nothing new, I have been using these techniques the last 10 years

most of the studies cited were from 2004 or before, it would be nice to see more current work or be told that more current work either doesn't exist or comes to the same conclusions, otherwise this was a very helpful presentation

more discussion needed to persuade patients to try strategies that may cause increase in pain initially, more discussion on harm vs. hurt

master teacher

**comments current seminar****Speaker**

many of the slides were not in the handouts, excellent trainer, used appropriate level of humor and good keeping audience engaged and interested, talked a little fast at times, it would have been helpful to have more copies of the pain, related books by w

Magnificent time for Q&A, would have been helpful to specifically address pain when people have either diagnosis

lots of outdated references

liked the "final quiz"

Knowledgeable clinician, researcher, & teacher, The massive handouts contained excellent slides but overwhelming & not sequenced with Turk's presentation. Dr Turk's excellence might have been enhanced by changing presenting style such as live role playing

It would be helpful to have an advanced course that focused even more on treatment/skill development. Video examples are helpful, tried to cover too much material, was apologetic for not having enough time

Instructive, cogent and demonstrated good capacity to teach complex concepts in an understandable manner

I'd appreciated his telling us what the abbreviations mean, some I figured out, some he explains, others left me in the dark

I would have liked to see a session w/ a client

I would have liked more interaction between group and Dr Turk. It was beneficial to hear from someone who has an abundant level of experience and knowledgeable of research

I will applying this on the job right away

I was hoping to learn more techniques to help pts. with chronic pain, I was familiar with most of the info presented, I enjoyed his sense of humor, he is a very good speaker

I liked the way he injected humor in his presentation, I would like the session expanded to allow time to process info

I liked the tools in the back, I liked his sense of humor and good use of technology

I liked his humor to give a break in the session, they were relevant to the subject

humility and engaging

he's funny and witty many of the visuals/graphs of outcome studies did not illustrate control groups, not really informative

He was very interesting, however info after focused toward physicians and the CBT techniques were basic, I am glad to know, realize, think about hurt vs. harm, thank you

He was able to keep my interest, appreciated his humility as well as his humor. Though like most seminars there is the ideal and the real

he kept repeating the same points and gave way too much detail about the failure of common pain treatment, it would have been better if he presented case studies using his treatment programs

He is a very skilled teacher. I appreciate his style very much

He did well in presenting boring statistics in an entertaining way. But this could have been done in a much more condensed way

he did an impressive job and had a tremendous battery of info and data, I would see him again for a longer time

Handouts/slides didn't always show all the important info that was projected on screen

Handouts need to be re-ordered, they were out of sequence

Had some trouble following the slides, would have been nice if video would have been mixed in, Turk is very down to earth in his approach, he was talking to the group and not at the group and I appreciate that approach

Great summary ones in back, I will use them to replace some of my own, too many old studies discussed, I would have like more neuro info (pain signals being a part of tx process)

great presenter, material was too basic, more emphasis on the interventions

Great presenter!! Kept everyone's attention through conversation of knowledge and humor

**comments current seminar**

**Speaker**

Great job, thanks a lot, I think some role play would have been helpful and certainly is possible on the stage
Great balance of important clinical info and humor
Great & very informative, being an OT the holistic approach is the name of our game. It is great that Turk is also spreading the word of bringing the whole person the attention of other professionals, It just makes sense to look at everything
Great
good to individuals but group didn't gave a chance to learn from the discussion
Good speaker and very knowledgeable. I think he spent too much time on effectiveness of treatments and would have liked more focus on assessment and treatment
good program overall but somewhat redundant on first day
Good presentation
friendly, engaging style
excellent, helpful to know of these studies
Excellent presenter, very knowledgeable, can we get a copy of is revised slide deck by email or through your website?
excellent presenter, not so interested in all the multiple slides of cost stuff4
Excellent presenter
excellent presentation, info and use of humor, evidence based very helpful to me as I work in a hospital setting
excellent conference, wonderful overview, many practical interventions to use with clear instruction on how to use
excellent communicator
Excellent
entertaining
enjoyed his humor, very impressed by his knowledge, would have liked some info of children w/ chronic pain
Engaging and humor appreciated
endless statistics, little attention to techniques/methods to help
Dynamic Speaker
Due to the amount of material it was difficult to have Dr Turk be more responsive to the participants. It would be nice to allow a little more time for participant feedback
Dr Turk was very knowledgeable but felt the presentation was too basic, would like an advanced course with him
Day 1 slides were difficult to follow Day 2 was more in order
Could use better graphics for charts and graphs
Could have been better coordinated, should have utilized more of a cognitive behavior understood the explanation, should have been more opportunity for questions
clear and able to maintain n the audience attention
clear, concise, factual
Case presentation on first day dragged too long but outstanding knowledge of topic and current research
awesome, humorous but professionally so
Allowed too many questions, slides handouts missing many of the slides in the presentation

**comments current seminar**

**Speaker**

A bit too research oriented, needed more time focused on the how to do hands on aspects, given we are practitioners and not researchers Having the research info in the handouts but putting little time into discussing it would improve the balance

A little scientific for me, loved the anecdotal info/case study to break it up but the 2nd day there was too much data, a highlighting would have been better plus answering more questions

A great teacher

a film would have been great of a session from a ap in management IPRP

1st day was disappointing, spoke too fast and data overload

Valuable stats and info but t really wanted more applied material, how to use the info. Too much repetition

**comments current seminar**

**Overall**

your seminars are always a 10

you do an excellent job all around

You all do a wonderful job! Thanks!

would have liked to have more role playing or hands on activities although I know this is difficult with a large group

Would have liked to have heard more about integrating cog behavior strategies into proactive, too much time spent on research the 2nd day, could have been covered on 1st day.

would have appreciated lunch even if it was a boxed lunch, not enough time given for lunch

would be interested in addressing the topic of MH pain and addiction together

wonderful conference

Was referred by co-worker and would recommend others to travel also from Baltimore areas

Very well organized seminar & easy to navigate very helpful info and presented well, one request is there any way to have the missing slides made available

very well organized and coordinated as always

very good, there were more statistics than necessary, especially in the beginning, more focus on improving quality of life, despite statistics of the # of persons positively effected

Turk is an excellent speaker & clearly high quality research. Fabulous seminar! I would have liked to hear more specifics about treatment that psychologists could do in therapy.

Turk is a good speaker and has a good sense of humor, easy to listen to. Tough to meet all levels of expertise across so many professions

this seminar was not up to usual level for me, much info seemed simplistic and obvious

the 1/4 hour reduction in lunch and the way the buffet is set up creates a scramble to get a relaxing and positive lunch, please keep in mind for future planning

Thank you so much for the amenities and the wonderful buffet, really makes coming to J&K seminars a cut above

Thank you for a wonderful program

Thank you

Thank you

Staff was friendly and helpful. One of the most comfortable trainings I've been to.

spoke fast but still very clear and knowledgeable, needs to correct typos on some slides

really enjoyed it, will try another

Professionals would benefit from this seminar would be RNs, MDs, Ots, Ots, social workers but not professional counselors or psychologists in solo settings.

Police directing traffic on day 1 were very helpful, we missed them on day 2

please coordinate bathrooms breaks with hotel on several breaks bathrooms was closed because of cleanings

Not sure about the quality of the presenters for my needs, good seminar staff but I didn't learn a lot and I wanted help

most organized and responsive seminar I have attended, top notch

More focus on SA as there were a few SA counselors there, did not find how I could use these techniques in community, thanks for the references

Mic was fuzzy and cut out, would like to have heard about lingering and detection

Loved the humor slides, should be included in the handout

Love your seminars!

Liked the fact that lunch was for 1 hour each day that allowed us to leave a bit earlier

knocking 15 minutes from the lunch break is not a good idea, it obligated people to stay at the host for lunch creating a

**comments current seminar**

**Overall**

crowd at the buffet which is not set up in a way that moves people through, as a result there was no time to relax and prepare for PM

keep on doing what you're doing, quality is the best of any I've attended in over 20 years of going to CE courses

job well done Ken & Judi

J&K seminars are always organized, well run and have excellent presenters

J&K run the best organized seminars I've ever been to. Highly responsive to emails and phone calls too

J&K do a terrific job

I've used the general recovery model of substance abuse as a process given its chronic nature, the details were very helpful to add to both understand & techniques

is it possible to request handicapped parking ahead of time

install an elevator where the stairs are

Informative and helpful seminar

I'm from Balto, MD don't recall seeing them offered in my area but then I've had limited mailings, I would definitely consider more attendance if more convenient

I'm always impressed with the quality of these programs and almost always feel it is worth the time of cost and travel

I would have preferred more detailed time devoted to assessment, treatment plans, etc.

I wished you had offered lunch, just sandwiches and a beverage would have been nice, It is such a high traffic crowded area and leaving to go to a restaurant was not really an option

I will attend but I will stay at a different hotel

I try to come once or twice a year, as usual excellent all aspects, I always brag about you to others. What about a discount for repeat attendees?

I thought the general condition of the Host Hotel was rather shabby

I think you do it right

I have worked with an interdisciplinary approach to pain for many years. Didn't find anything "new" to bring back to my team.

I have developed a preference to attend J&K seminars at Lancaster Host. Seminars are usually superior

I have benefitted from a number of J&K Seminars and have been very pleased

I generally find the Q&A time to be time wasted most people just like to talk about themselves, could this be kept as a minimum

I enjoy attending your conference, the prices are reasonable, the facility is excellent and the choice and amount of frequent refreshments is outstanding

I appreciate to help with traffic control after day is over

Having police control for traffic control was extremely helpful, thanks for thinking of that!

Group size auditorium setting and time required for presentation of information limited opportunity for audience participation

great organization, helpful handouts, nice job

Dr Turk reminded me of the Alan Alda character on MASH, which was an added bonus, and myself on the road to a lifetime of chronic pain, it's good to know there no care and what best to do myself to help myself

Dr Turk does sometimes sound just like Woody Allen! Very cute!

best on the east coast

Appreciate the knowledge and experience of the speakers

Another good seminar. Dr Turk knowledgeable, committed to his work, good use of humor and inspiring

Annoying feedback on sound system

<b>comments current seminar</b>
<b>Overall</b>
Always the most organized conference in the best venue
Always fantastic
allowing people to use microphone to hear themselves talk in not what I paid for, I found many peoples comments very judgmental and would have liked you to have pointed that out
Add red robins to walkable lunches
add a program on sleep disorders