

Feedback Form n = 27
Strategic Therapy for Comorbid Anxiety and Depression
Presented By: Michael Yapko, Ph.D. (Y0606)

Dear Participant:

Thank you for completing this program. We value your comments. Please complete and return this form with your test.

1. How helpful was the program in increasing your understanding of:

<u>Day 1</u>	<u>Very Helpful</u>	<u>Some Help</u>	<u>No Help</u>	<u>AVG</u>		
1) Issues in treating comorbid anxiety & depression	5	4	3	2	1	4.6
2) The effect of anxiety & depression on client perceptions	5	4	3	2	1	4.6
3) How sleep affects comorbid anxiety & depressive disorders	5	4	3	2	1	4.4
4) Controllability as a core Issue	5	4	3	2	1	4.5
<u>Day 2</u>						
5) How biology and psychology are on a collision course	5	4	3	2	1	4.4
6) Epidemiology as an informant	5	4	3	2	1	4.4
7) How strategic therapy works	5	4	3	2	1	4.5
8) Skill building in treating comorbidity	5	4	3	2	1	4.7

2. How effective was Dr. Michael Yapko in presenting this program?

<u>Very Effective</u>	<u>Ineffective</u>
5	1
4	2
3	3
2	4
1	5
4.4	

3. How knowledgeable was Dr. Yapko regarding the material he presented?

<u>Most Knowledgeable</u>	<u>Least Knowledgeable</u>
5	1
4	2
3	3
2	4
1	5
4.7	

Comments regarding Dr. Yapko's quality of instruction and teaching ability:

4. **BEFORE** you began this program, how valuable did you anticipate this program would be for you?

<u>Very Valuable</u>	<u>No Value</u>
5	1
4	2
3	3
2	4
1	5
3.9	

5. **NOW** that you have finished this program, how valuable did you find it?

<u>Very Valuable</u>	<u>No Value</u>
5	1
4	2
3	3
2	4
1	5
4.4	

Have you completed other *J&K Seminar* home study programs? ___Yes ___No

Now that you have completed this program, how inclined are you to order other programs?

<u>Highly Inclined</u>	<u>Somewhat Inclined</u>	<u>Disinclined</u>
5	1	4
4	2	3
3	3	2
2	4	1
1	5	4
4.7		

Comments:

Additional Overall Comments, Criticisms, Compliments and Suggestions (What can we do to improve our programs?):

Speaker
Clear, concise, available for questions
Course material very informative
Engaging speaker
Good teacher
Great
Great teacher
High-level info at an accessible manner
Not as cohesive as other programs
Tangents & editorials were distracting
thorough grasp of subject
Wonderful teacher, very helpful program
Excellent program & presentation
Exceptionally interesting, enjoyed lighter moments
Exceptionally interesting presenter
Comment
J&K are the best!
Seminar on use of language, imagery & suggestion?
Thanks!
Very effective method of obtaining CEU's
Very effective we of obtaining CEU's
Very good programs