



Update on Child & Adolescent ADHD

Presented by
Russell Barkley, Ph.D.

Overview

This workshop provides an in-depth look at major advances in four clinically important topics pertaining to child and adolescent ADHD. Each of the four lectures provides a “deep dive” into what is currently known in these topics and their implications for the diagnosis and management of ADHD.

Objectives: Participants will be able to describe:

- The nature of executive function deficits and their role in ADHD
- The 14 best principle for managing executive function deficits in children and teens.
- Predisposed ADHD personality traits and lifestyle choices that impact life expectancy
- How sluggish cognitive tempo (SCT) is different from ADHD requiring different management.

6 Hours CE Credits

ADHD, Self-Regulation, and Executive Functioning: Implications for Management

- The five major executive functions and their deficits in people with ADHD
- How this instrumental level of EF relates to higher levels of EF in daily life activities
- How this theory leads to more effectively designed interventions

Counseling Parents

- ADHD as a disorder of self-regulation and executive functioning
- 14 best management principles

Implications for Life Expectancy and Clinical Management

- Impaired major life activities
- Impact of childhood ADHD on various health and medical problems
- Revising approaches to clinical management

Sluggish Cognitive Tempo (SCT) versus ADHD

- History of ADHD and Subtypes
- Problems with Current Subtyping
- SCT Symptoms within ADD without Hyperactivity
- Children and Adults with High SCT vs. ADHD
- Management of SCT

Russell A. Barkley, Ph.D.

Dr. Barkley is a Clinical Professor of Psychiatry at the Virginia Treatment Center for Children and Virginia Commonwealth University Medical Center, Richmond, VA. He is a Diplomate (board certified) in three specialties.

Dr. Barkley is a clinical scientist, educator, and practitioner who has published 23 books, rating scales, and clinical manuals numbering 41 editions. He has also published more than 270 scientific articles and book chapters related to the nature, assessment, and treatment of ADHD and related disorders. He is the founder and Editor of the bimonthly clinical newsletter, *The ADHD Report*, now in its 25th year of publication.

Dr. Barkley has presented more than 800 invited addresses internationally and appeared on nationally televised programs such as *60 Minutes*, *the Today Show*, *Good Morning America*, *CBS Sunday Morning*, *CNN*, and many other programs on behalf of those with ADHD. He has received awards from professional societies and ADHD organizations for his lifetime achievements, career accomplishments, and contributions to research in ADHD, to clinical practice, and for the dissemination of science. His websites are www.russellbarkley.org and ADHDLectures.com.

Approved Home Study CE Hours for Psychologists Counselors Social Workers Nurses MFT AOTA

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