



# Strategies for Identifying and Managing the Antisocial Personality Spectrum

Presented by  
**Daniel J. Fox, Ph.D.**

**Overview** Dr Fox, in this program offers a comprehensive exploration of personality disorders, focusing particularly on the antisocial personality disorder (ASPD) spectrum, including sociopathy and psychopathy. It delves into levels of personality functioning, diagnostic criteria, and the structural components of personality disorders. Participants will gain insights into the epidemiology of ASPD and its associated disorders, such as oppositional defiant disorder and conduct disorder. This program examines the neurobiological and psychosocial factors contributing to ASPD, as well as clinical features, differential diagnosis, and comorbid conditions. It also addresses distinguishing sociopathy from ASPD and psychopathy, discussing historical contexts, sociobiology, clinical presentations, and prevalence rates. Furthermore, it explores challenges in managing ASPD spectrum clients, including therapeutic approaches, addressing antisocial perspectives, recognizing and managing suicidal behaviors, handling violence and threats in therapy sessions, and ensuring mental health provider safety.

Dr. Fox equips participants with an enhanced understanding of personality disorders, particularly within the ASPD spectrum, and provides practical strategies for diagnosis, treatment, and risk management. By exploring the complex interplay of biological, psychological, and social factors, participants gain insights into the challenges inherent in treating individuals with ASPD and related disorders. Through a multidimensional approach that considers both clinical and community perspectives, this webinar aims to enhance participants' ability to effectively assess, intervene, and mitigate risks associated with ASPD spectrum clients, ultimately improving outcomes and promoting therapist safety and well-being.

## Objectives: Participants will be able to:

- Exhibit a marked increase in understanding the diagnostic criteria and clinical features of ASPD spectrum disorders.
- Acquire proficiency in diagnosing ASPD spectrum disorders and implementing safety protocols effectively.
- Enhance their capacity to evaluate the risk of violence in ASPD spectrum clients.
- Formulate efficacious strategies for effectively managing ASPD spectrum clients in various therapeutic settings.
- Identify and apply requisite safety measures to address in-session violence and threats.
- Demonstrate enhanced proficiency in assessing engagement with ASPD spectrum clients and executing appropriate management strategies.

### The Evolving Landscape of Personality Disorders (1:27)

Levels of personality functioning  
 Making a PD diagnosis  
 The structure of personality disorders  
 Medication for antisocial spectrum disorders

### The Antisocial Personality Disorder Spectrum - Overview

Oppositional Defiant Disorder  
 Conduct Disorder  
 Antisocial Personality Disorder  
 Sociopathy  
 Psychopathy

### Antisocial Personality Disorder (1:31)

Epidemiology of ASPD  
 Homicidal triad truth  
 Etiology and risk factors  
 Neurobiological correlates of ASPD  
 Psychosocial factors contributing to ASPD  
 Clinical features and presentation  
 Differential diagnosis and comorbid conditions

### Sociopathy (1:31)

Distinguishing Sociopathy from ASPD  
 The sociobiology of sociopathy  
 Clinical features and presentation

### Psychopathy Distinguishing sociopathy and ASPD from psychopathy

Prevalence and assessment measures  
 Neurology of psychopathy  
 Gender and psychopathy  
 Adolescent conduct disorder and interpersonal callousness  
 Psychopathy and crime  
 Managing psychopathy in various environments

### Challenges in Managing ASPD Spectrum Clients (1:31)

Exploring antisocial profiles in therapy  
 Is prison the only answer?  
 Antisocial perspective of therapy  
 Antisocial motivation and thinking  
 Can they collaborate?  
 Recognizing and addressing suicidal behaviors  
 Handling in-session violence and threats  
 Indicators of client aggression prior to violence  
 Therapist safety procedures  
 Managing mental health provider risks  
 Prognosis and long-term outcomes

**6 CE Hours for Psychologists Counselors Social Workers MFT**

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Practice Level—Intermediate

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**Daniel J. Fox, Ph.D.**, is a licensed psychologist based in Texas, a renowned international speaker, and a recipient of multiple awards for his work as an author. With over two decades of experience, he has focused on the treatment and evaluation of individuals with personality disorders in various settings, including the state and federal prison system, universities, and private practice. Dr. Fox's expertise lies in personality disorders, ethics, burnout prevention, and emotional intelligence. Dr. Fox has conducted numerous workshops and seminars on topics such as ethics and personality disorders, the relationship between personality disorders and crime, treatment approaches for clients across the antisocial, borderline, narcissistic, and histrionic personality spectrum, emotional intelligence, and mental health management within the prison system, among others. He also has a popular YouTube channel that focuses on mental health and personality disorder issues.

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*Disclosure of potential conflicts of interest: The speaker receives royalties from the sale of books and has a website.*

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