



The Assessment, Clinical Management and Treatment of Suicidality: Integrating Recent Advances into Clinical Practice.

Presented by
David Rudd, Ph.D., ABPP

This workshop will address the full spectrum of issues and challenges in the clinical management of suicide risk in clinical practice. An empirically informed CBT model will be provided, integrating the latest scientific findings into a comprehensive framework that includes clinical examples for every element of care. A structured clinical interview will be reviewed, including risk and protective factors, along with warning signs (contextual and clinical), along with how to most effectively identify and differentiate levels of risk, to include acute and chronic features of risk formulation/response/documentation. A standard protocol for clinical management of suicide risk will be reviewed (to include clinical demonstrations) with identified component elements of informed consent, a commitment to treatment agreement, safety/crisis response planning, and lethal means counseling/safe storage. An empirically supported, brief treatment (Brief Cognitive Behavioral Therapy for Suicide Prevention) will be reviewed and critical elements demonstrated. Issues related to Veterans and active-duty military will also be reviewed. The workshop will provide the latest findings related to effective clinical care with suicidal individuals.

Prominent questions in clinical suicidology
Rethinking hope in clinical care
The national narrative

A model for assessment, clinical management,
and treatment

- Clinical interview
- Suicide risk assessment
- Acute elements of suicide risk
- Chronic elements of suicide risk

Understanding risk, motivation to die, and risk formulation

- Motivation to die and suicide intent
- Suicide risk formulation, response, and documentation.
- Integrated clinical examples and role play

Assessment case review and discussion

- Informed consent
- Commitment to treatment agreements
- Safety/crisis response planning
- Lethal means counseling/safe storage

A standard protocol for clinical care

- Brief Cognitive Behavioral Therapy for Suicide Prevention
- Clinical challenges unique to Veterans and active-duty military
- Integrated clinical examples and role play

Discussion of documentation, negligence in care, and QA

Objectives— Participants will be able to:

- Discuss an empirically informed CBT model for the understanding, assessment, clinical management and treatment of suicide risk in clinical practice
- Recognize a structured approach to the clinical interview and suicide risk assessment, integrating the latest scientific findings, with an emphasis on the critical role played by motivation to die and suicide intent
- Recognize how to differentiate acute & chronic elements of suicide risk
- Interpret suicide risk formulation, response, and documentation
- Understand a standard protocol for the clinical management of suicide risk, including informed consent, commitment to treatment agreements, safety/crisis response planning, and lethal means counseling/safe storage
- Discuss an empirically supported treatment for suicide risk, Brief Cognitive Behavioral Therapy for Suicide Prevention
- Identify clinical challenges unique to Veterans and active-duty military

David Rudd, Ph. D., A.B.P.P.

M. David Rudd is currently President and Distinguished University Professor of Psychology at the University of Memphis, a position he's held over the past eight years. As an internationally recognized expert in the field, he has extensive clinical and research experience with the assessment, clinical management and treatment of suicide risk. He is one of the creators of Brief Cognitive Behavioral Therapy for Suicide Prevention, an empirically supported treatment with four iterative randomized clinical trials since the early 1990's. As a Gulf War era Veteran, and founder of the National Center for Veterans Studies, much of his work has included active duty military and Veterans populations. He previously served as Chair of the Texas Board of Psychologists Examiners, president of the American Association of Sociology, president of the Texas Psychological Association, and as a member of the APA Council of Representatives.

Approved Home Study 6 CE Hours for Psychologists Counselors Social Workers Nurses MFT AOTA

J&K Seminars, LLC - recorded from Live webinar January 28, 2022- All Rights Reserved

Practice Level—Intermediate

904 Church Rd., Wyncote, PA 19095-1601 (800) 801-5415 JK@JKSeminars.com

visit website for more information www.JKSeminars.com /FAQ