



Suicide Overview & Assessment

Presented by

M. David Rudd, Ph.D., ABPP

Overview

This program will provide an empirically driven theoretical model for understanding and managing suicidal thinking and behavior. Dr. Rudd’s presentation cuts across both assessment and treatment and recognizes the time limitations in many clinical contexts. He will review in detail Brief Cognitive Behavioral Therapy, a treatment that integrates core skill deficits and individual self-management. He will also identify core competencies mental health professionals will need to manage these difficult cases.

Participants will learn a range of straightforward skills and techniques, including: differentiating self-harm and suicidal behaviors, use of Reasons for Living cards, integration of crisis response plans (including survival kits), the importance of commitment to treatment statements in clinical care, and a simple model for assessing suicide risk.

Dr. Rudd will describe clinical cases and conduct targeted role plays. He will also describe the unique ethical dilemmas that emerge in the management of suicidal patients along with the appropriate guidelines for clinical record keeping (in all clinical contexts).

5 CE Credits

Objectives

Participants will be able to describe:

- An empirically driven model for understanding and responding to suicidal thinking and behavior.
- Core competencies in the assessment of suicidal thinking and behavior
- Ways to assess suicide risk in clinical context.

Topics will Include:

Overview of Suicidality

- A theoretical model for understanding and responding to suicide risk

- What we know about soldiers and veterans
- Risk of imminent harm and motivation to die

Core Competencies

- Suicide Risk Assessment
- Suicide Risk Management and intervention strategies

A Model For Suicide Risk Assessment

Suicide Risk Assessment

- Screening , referral, and continuity of care issues
- Risk and protective factors

M. David Rudd, Ph.D., APBB

M. David Rudd is President of the University of Memphis. He completed his doctoral training at the University of Texas-Austin and completed a post-doctoral fellowship in cognitive therapy at the Beck Institute in Philadelphia under the direction of Aaron T. Beck. He was recently elected a Distinguished Practitioner and Scholar of the National Academies of Practice in Psychology.

In addition to his clinical work, Dr. Rudd is an active researcher with over 200 publications and more than 8000 citations. He recently completed a \$1.97 million clinical trial for suicidal soldiers at Fort Carson, Colorado, with results evidencing the largest ever reduction in post-

treatment risk for suicide attempt. His research has been recognized with awards both national and international.

Dr. Rudd serves on a number of editorial boards, is past Chair of the Texas State Board of Examiners of Psychologists, past President of the Texas Psychological Association, past President of Division 12 Section VII of the American Psychological Association, past President of the American Association of Suicidology, and a previous member of the APA Council of Representatives. He has testified seven times before the U.S. Congress, both House and Senate, on issues related to veterans and suicide.

Approved Home Study for Psychologists Counselors Social Workers Nurses MFT AOTA

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