



Suicide: Treatment, Ethics & Risk Management

Presented by

M. David Rudd, Ph.D., ABPP

Overview

This program provides an empirically driven theoretical model for understanding and managing suicidal thinking and behavior. Dr. Rudd’s presentation cuts across both assessment and treatment and recognizes the time limitations in many clinical contexts.

He reviews in detail Brief Cognitive Behavioral Therapy, a treatment that integrates core skill deficits and individual self-management. He also identifies competencies mental health professionals will need to manage these difficult cases.

5.25 CE Credit Hours, including 3 Hours Ethics

Objectives

Participants will be able to describe:

- Key factors necessary to recognize, differentiate and effectively manage self-harm and suicidal behaviors
- Core competencies in the management of suicidal thinking and behavior
- Ways of effectively responding to suicidal crises that raise ethical issues
- Guidelines for clinical record keeping

Topics will include:

Brief Cognitive Behavioral Therapy (BCBT)

- Case Conceptualization and Treatment Phases

- Clinical Care Strategies and Techniques
 - * The treatment journal
 - * Commitment to treatment statement
 - * Reasons for living cards
 - * Crisis response planning
 - * Survival kits

BCBT Clinical Management

- Strategies
- Role Plays

Ethical Issues with Suicidal Patients

- Clinical Case Examples

Essentials of Documentation

- Use of Standard Risk Assessment Forms

M. David Rudd, Ph.D., APBB

M. David Rudd is President of the University of Memphis. He completed his doctoral training at the University of Texas-Austin and completed a post-doctoral fellowship in cognitive therapy at the Beck Institute in Philadelphia under the direction of Aaron T. Beck. He was recently elected a Distinguished Practitioner and Scholar of the National Academies of Practice in Psychology.

In addition to his clinical work, Dr. Rudd is an active researcher with over 200 publications and more than 8000 citations. He recently completed a \$1.97 million clinical trial for suicidal soldiers at Fort Carson, Colorado, with results evidencing the largest ever reduction in post-treatment risk for

suicide attempt. His research has been recognized with awards both national and international.

Dr. Rudd serves on a number of editorial boards, is past Chair of the Texas State Board of Examiners of Psychologists, past President of the Texas Psychological Association, past President of Division 12 Section VII of the American Psychological Association, past President of the American Association of Suicidology, and a previous member of the APA Council of Representatives. He has testified seven times before the U.S. Congress, both House and Senate, on issues related to veterans and suicide.

Approved Home Study CE Hours for Psychologists Counselors Social Workers Nurses MFT AOTA

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