



Child and Adolescent Psychopharmacology: Medication and Behavioral Strategies for Improvement

Presented by
Joseph Wegmann, RPh, LCSW

This seminar examines the mental disorders most often diagnosed in children and adolescents today – depression, anxiety, bipolar, ADHD, and disruptive behaviors. This seminar also addresses what to look for when assessing for these mental syndromes, how to proceed toward getting youth proper help – in conjunction with primary caretakers.

Mood disorders in children and adolescents

- Characteristics of depression in youth
- Demoralization Issues, clinical depression
- Medication management, CBT for depression (1:31:09)

Bipolar Anxiety in Children

- Medication management of bipolar
- Worry, generalized anxiety, obsessive-compulsive disorder in youth
- Medicating pediatric anxiety (1:28:38)

ADHD, Disruptive behavior spectrum

- ADHD – causes, assessment,
- The “5P’s” of medication management, behavioral approaches
- Pharmacological and non-pharmacological treatment (1:30:59)

Substance Abuse in youth, Digital distraction

- Trends in youth substance abuse, Screening: The CRAFFT tool
- The rabbit hole of digital distraction, social media and the illusion of real connection
- Parental disconnect, reconnecting our disconnected kids (1:25:45)

Objectives— Participants will be able to:

- Discuss the best practices in managing depression, bipolar, anxiety, and ADHD in children and adolescents
- Review and provide direction on case examples specific to the mental disorders routinely diagnosed in youth
- Examine the disruptive behavior disorder spectrum, and address best practice treatment strategies
- Explore the exploding rates of suicide occurrences in young people, the factors influencing this rise, and why suicide is the real pandemic among youth
- Address the circumstances driving the rise in substance abuse among children and adolescents, substances most often abused, and contemporary treatment protocols

Joseph Wegmann is a licensed clinical pharmacist and clinical social worker. His diverse professional background in psychopharmacology and psychotherapy affords him a unique perspective on medication management issues gained over 35 years. He is well known for the practical, relevant, and insightful psychopharmacology seminars he conducts across the country. He is a nationally recognized expert in the field of psychiatric medication management and has conducted hundreds of Psychopharmacology seminars across the United States and elsewhere.

Joe has published 11 books on Psychopharmacology, and his signature book, *Psychopharmacology: Straight Talk on Mental Health Medications* is now in its fourth edition. Joe has also published a card deck titled *Behavior Management Guide for the Classroom*, which addresses child and adolescent mental health issues.

Explore Joe’s programs, products and videos at www.pharmatherapist.com and write to him at joe@thepharmatherapist.com.

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Practice Level—Intermediate

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