

FEEDBACK FORM

It's All Your Fault: Mastering Cognitive Interpersonal Therapy
David Burns, M.D. (B1214)

Objectives: The program better enabled me to describe:

	<u>Strongly Agree</u>			<u>Strongly Disagree</u>		
1. The differences between Cognitive Behavioral Therapy (CBT) and Cognitive Interpersonal Therapy (CIT)	5	4	3	2	1	1.3
2. How to deal with individuals who resist intimacy, sabotage therapy, and blame others for their problems	5	4	3	2	1	1.0
3. How to track therapeutic progress and monitor the quality of the therapeutic alliance at every session	5	4	3	2	1	1.0
4. How to resolve your own relationship problems--with patients, colleagues, or family members	5	4	3	2	1	1.0
5. How to help individuals or couples with troubled relationships	5	4	3	2	1	1.0

	<u>Strongly Agree</u>			<u>Strongly Disagree</u>		
1. The speaker was effective in presenting this program	5	4	3	2	1	1.0
2. The speaker was responsive to the participants	5	4	3	2	1	1.0
3. The handouts were suitable and useful	5	4	3	2	1	1.0
4. The speaker used technology effectively	5	4	3	2	1	N/A
5. The speaker was knowledgeable regarding the material	5	4	3	2	1	1.0
6. This program was appropriate to your level of education & experience	5	4	3	2	1	1.0
7. The information the speaker presented was current	5	4	3	2	1	1.3

Comments regarding the speaker's quality of instruction and teaching ability:

	<u>Strongly Agree</u>			<u>Strongly Disagree</u>		
16. BEFORE the program began, I anticipated the program would be very useful	5	4	3	2	1	1.0
17. NOW that the program is over, I found the program to be very useful	5	4	3	2	1	1.3

Additional Overall Comments, Criticisms, Compliments and Suggestions (What can we do to improve our programs?)