

FEEDBACK FORM
Diagnosing and Treating Anxious Children & Adolescents
 Paul Foxman, Ph.D.

<i>Objectives: The program better enabled me to describe:</i>	<u>Strongly Agree</u>			<u>Strongly Disagree</u>		
• How to incorporate motivational therapeutic activities to improve client engagement in treatment.	5	4	3	2	1	4.2
• Structured clinical interviewing strategies to aid in developing comprehensive treatment plans.	5	4	3	2	1	4.2
• The “3 ingredient framework” of how anxiety develops in children to assist with assessment and treatment planning.	5	4	3	2	1	4.5
• A three-step skill building model for stress management among young clients.	5	4	3	2	1	4.4
• Exposure therapy interventions for effective treatment of OCD, separation anxiety, social anxiety and phobias.	5	4	3	2	1	4.5
• Calming techniques to reduce overall anxiety, such as mindfulness and yoga, to reduce fight or flight response and simultaneously engage the relaxation response.	5	4	3	2	1	4.6
• Specific anxiety techniques to minimize the ruminative nature of obsessive thoughts that often precede dysfunctional compulsive behaviors.	5	4	3	2	1	4.5
• How to create new neuropathways to reduce anxiety and decrease maladaptive behaviors.	5	4	3	2	1	4.1
• Clinical strategies to decrease symptoms of pervasive separation anxiety in children and their parents.	5	4	3	2	1	4.4

	<u>Strongly Agree</u>			<u>Strongly Disagree</u>		
1. The speaker was effective in presenting this program	5	4	3	2	1	4.6
2. The speaker was responsive to the participants	5	4	3	2	1	4.6
3. The handouts were suitable and useful	5	4	3	2	1	4.6
4. The speaker used technology effectively	5	4	3	2	1	4.6
5. The speaker was knowledgeable regarding the material	5	4	3	2	1	4.7
14. This program was appropriate to your level of education & experience	5	4	3	2	1	4.6
15. The information the speaker presented was current	5	4	3	2	1	4.6

Comments regarding the speaker’s quality of instruction and teaching ability:

	<u>Strongly Agree</u>			<u>Strongly Disagree</u>		
16. BEFORE the program began, I anticipated the program would be very useful	5	4	3	2	1	4.4
17. NOW that the program is over, I found the program to be very useful	5	4	3	2	1	4.6

Additional Overall Comments, Criticisms, Compliments and Suggestions (What can we do to improve our programs?)

Reviews about the Program

“The speaker had a nice style. He was easy to listen to, kept a good pace, good sense of humor without overdoing it and good knowledge of the material. I wish the weather didn't prevent me from actually attending this conference. However, I'm very grateful the webinar format was available to me..”

“Wonderful and engaging speaker. Easily presented the material.”

“Informative, excellent presentations, he provided relevant case examples.”

Reviews about the Speaker

“Dr. Foxman was outstanding in his knowledge base and ability to effectively convey that information to participants. He was excellent in assisting participants gain clarity in their own case formulations or questions. This has been one of the best, if not THE best programs I've ever taken.”

“The presenter was able to keep my attention through the entire 2 days. He framed his lectures so that they were clear and concise.

“Truly excellent seminar! Dr. Foxman was organized, modeled relaxation, had numerous examples and visuals, clear, paced well and showed expertise.”

“I thought it was one of the best J&K seminars that I have attended. The pace, thoroughness, humor and examples worked well for my understanding and attention.”

“Speaker had a lot of knowledge and experience to share that was helpful, and techniques I can use with students I work with.”