

Constant Contact Survey Results

Campaign Name: L0222 webinar feedback form survey

Survey Starts: 248

Survey Submits: 131

Export Date: 08/17/2023 01:12 PM

OPEN QUESTION

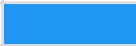
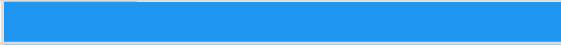
131 Response(s)

OPEN QUESTION

131 Response(s)


NUMERIC SCALE

Describe patterns of anxious parenting and how to decrease the modeling of family anxiety.

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Strongly Disagree)			0	0%
2			0	0%
3			0	0%
4			25	19%
5 (Strongly Agree)			104	80%
Mean	4.81			
Median	5.00			
Total Responses			129	100%

NUMERIC SCALE


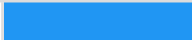

Identify the difference between content-based and process-based interventions as it relates to treatment.

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Strongly Disagree)			0	0%
2			0	0%
3			1	0%
4			17	13%
5 (Strongly Agree)			111	86%
Mean	4.85			
Median	5.00			

Total Responses **129** **100%**


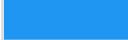
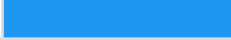
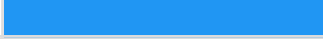
NUMERIC SCALE

Explain how the worry and anxiety process works in the brain and body to maximize effectiveness of psychoeducation.

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Strongly Disagree)			0	0%
2			0	0%
3			3	2%
4			36	27%
5 (Strongly Agree)			90	69%
Mean	4.67			
Median	5.00			
Total Responses			129	100%



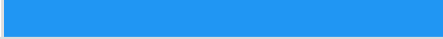
NUMERIC SCALE

Use targeted relaxation skills and techniques to effectively treat somatic symptoms of anxiety.

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Strongly Disagree)			0	0%
2			2	1%
3			24	18%
4			43	33%
5 (Strongly Agree)			61	46%
Mean	4.25			
Median	4.00			
Total Responses			130	100%


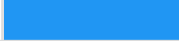
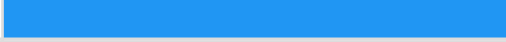
NUMERIC SCALE

Describe the four critical concepts for creating skill-based interventions for anxious families.

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Strongly Disagree)			0	0%
2			0	0%
3			5	3%
4			43	33%
5 (Strongly Agree)			82	63%
Mean	4.59			
Median	5.00			
Total Responses			130	100%


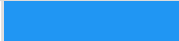
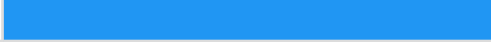
NUMERIC SCALE

Create interventions that focus on interrupting the process of OCD in families rather than the content of the OCD.

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Strongly Disagree)			0	0%
2			0	0%
3			3	2%
4			33	25%
5 (Strongly Agree)			94	72%
Mean	4.70			
Median	5.00			
Total Responses			130	100%

NUMERIC SCALE

Develop active assignments for families that correct the common cognitive traps that bolster both anxiety and depression.

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Strongly Disagree)			0	0%
2			0	0%
3			5	3%
4			33	25%
5 (Strongly Agree)			92	70%
Mean	4.67			
Median	5.00			
Total Responses			130	100%

NUMERIC SCALE

The speaker's presentation was effective

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Strongly Disagree)			0	0%
2			0	0%
3			0	0%
4			15	11%
5 (Strongly Agree)			115	88%
Mean	4.88			
Median	5.00			
Total Responses			130	100%

NUMERIC SCALE

The speaker was responsive to participants

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Strongly Disagree)			0	0%
2			0	0%
3			2	1%
4			5	3%
5 (Strongly Agree)			123	94%
Mean	4.93			
Median	5.00			
Total Responses			130	100%

NUMERIC SCALE

The handouts were suitable and useful

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Strongly Disagree)			0	0%
2			1	0%
3			1	0%
4			17	13%
5 (Strongly Agree)			110	85%
Mean	4.83			
Median	5.00			
Total Responses			129	100%


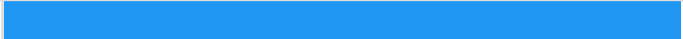
NUMERIC SCALE

The speaker used technology effectively

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Strongly Disagree)			0	0%
2			0	0%
3			1	0%
4			16	12%
5 (Strongly Agree)			112	86%
Mean	4.86			
Median	5.00			
Total Responses			129	100%



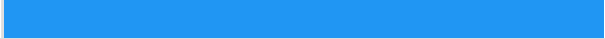
NUMERIC SCALE

The speaker was knowledgeable regarding the material

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Strongly Disagree)			0	0%
2			0	0%
3			0	0%
4			3	2%
5 (Strongly Agree)			126	97%
Mean	4.98			
Median	5.00			
Total Responses			129	100%

NUMERIC SCALE

This program was appropriate for your level of education and experience

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Strongly Disagree)			0	0%
2			0	0%
3			2	1%
4			15	11%
5 (Strongly Agree)			112	86%
Mean	4.85			
Median	5.00			
Total Responses			129	100%

NUMERIC SCALE

The information the speaker presented was current

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Strongly Disagree)			0	0%
2			0	0%
3			0	0%
4			11	8%
5 (Strongly Agree)			116	91%
Mean	4.91			
Median	5.00			
Total Responses			127	100%

OPEN QUESTION

4) Comments regarding the speaker's quality of instruction and teaching ability:

This was the best PD I've ever attended! So much useful information. I wish all therapists and school counselors would listen. Thank you.


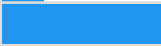
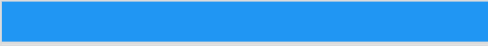
i was very impressed with Lynn and would recommend this workshop to colleagues

She was excellent

101 Response(s)

NUMERIC SCALE

Before the program began, I anticipated the program would be very useful

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Strongly Disagree)			0	0%
2			0	0%
3			8	6%
4			31	23%
5 (Strongly Agree)			92	70%
Mean	4.64			
Median	5.00			
Total Responses			131	100%


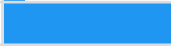
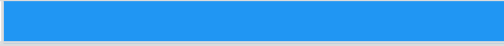
NUMERIC SCALE

Now that the program is over, I found the program to be very useful

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Strongly Disagree)			0	0%
2			0	0%
3			0	0%
4			19	14%
5 (Strongly Agree)			112	85%
Mean	4.85			
Median	5.00			
Total Responses			131	100%


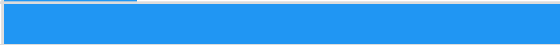
NUMERIC SCALE

6) How much did you learn as a result of this CE program?

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Very Little)			0	0%
2			0	0%
3			4	3%
4			32	24%
5 (Great Deal)			94	72%
Mean	4.69			
Median	5.00			
Total Responses			130	100%


NUMERIC SCALE

7) How useful was the content of this program for my practice or other professional development?

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Not Useful)			0	0%
2			0	0%
3			1	0%
4			25	19%
5 (Extremely Useful)			105	80%
Mean	4.79			
Median	5.00			
Total Responses			131	100%




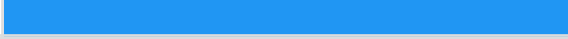
MULTIPLE CHOICE

8) Did you require an accommodation for a disability? If so, please comment on the effectiveness of J&K in making any of these accommodations.

Answer Choice	0%	100%	Number of Responses	Responses Ratio
Yes			1	0%
No			125	99%
Total Responses			126	100%



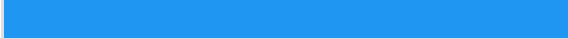
NUMERIC SCALE

Registration for this program was user friendly

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Strongly Disagree)			0	0%
2			2	1%
3			3	2%
4			19	14%
5 (Strongly Agree)			107	81%
Mean	4.76			
Median	5.00			
Total Responses			131	100%




NUMERIC SCALE

My questions or concerns were addressed effectively

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Strongly Disagree)			0	0%
2			1	0%
3			4	3%
4			18	14%
5 (Strongly Agree)			105	82%
Mean	4.77			
Median	5.00			
Total Responses			128	100%

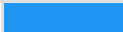


NUMERIC SCALE

My questions or concerns were addressed in a timely manner

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Strongly Disagree)			0	0%
2			1	0%
3			3	2%
4			17	13%
5 (Strongly Agree)			104	83%
Mean	4.79			
Median	5.00			
Total Responses			125	100%


NUMERIC SCALE

If I requested ADA accommodations, my request was met satisfactorily

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Strongly Disagree)			1	1%
2			0	0%
3			10	17%
4			8	13%
5 (Strongly Agree)			39	67%
Mean	4.45			
Median	5.00			
Total Responses			58	100%


NUMERIC SCALE

Course technology was user friendly

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Strongly Disagree)			0	0%
2			0	0%
3			2	1%
4			14	10%
5 (Strongly Agree)			113	87%
Mean	4.86			
Median	5.00			
Total Responses			129	100%

NUMERIC SCALE

The length of time it took to complete the course corresponds to the number of CE credits awarded for this course

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Strongly Disagree)			0	0%
2			0	0%
3			0	0%
4			10	7%
5 (Strongly Agree)			116	92%
Mean	4.92			
Median	5.00			
Total Responses			126	100%

OPEN QUESTION

Comments:

The registration process was glitchy on my computer, but that could also be a technology concern on my end.

n/a

As always, the quality of this seminar was 5 Star. Thank you again for an enriching day!

32 Response(s)

CHECKBOXES

10) Have you attended other J&K Seminars/Webinars?

Answer Choice	0%	100%	Number of Responses	Responses Ratio
Yes			61	46%
No			69	53%
Total Responses			130	100%

NUMERIC SCALE

11) Now that you have attended this J&K Webinar, how likely are you to attend another J&K Webinar?

Answer Choice	0%	100%	Number of Responses	Responses Ratio
1 (Not Likely)			0	0%
2			0	0%
3			2	1%
4			20	15%
5 (Highly Likely)			108	83%
Mean	4.82			
Median	5.00			
Total Responses			130	100%

OPEN QUESTION

Comment:

You provide great speakers. This was probably my 4th or 5th seminar

I would be interested in attending more Lynn Lyons webinars too since this was my first. I have heard her podcast.

Convenient.

21 Response(s)

CHECKBOXES

12) How did you learn about this program?

Answer Choice	0%	100%	Number of Responses	Responses Ratio
Email from J&K			67	51%
Brochure Mailed to you by J&K			20	15%
Friend Recommended			13	10%
Facebook Post			12	9%
Internet Ad			2	1%
Searched on Internet			1	0%
Saw it on J&K Website			4	3%
Other			29	22%
Total Responses			130	100%

OPEN QUESTION

13) Additional Overall Comments, Criticisms, Compliments, and Suggestions (What can we do to improve our programs)?

I was not aware of J&K Seminars/Webinars, but I will continue to look into them now. I really enjoyed this Webinar with Lynn Lyons. I'm on the west coast, so this webinar started for me at 6am:)

Less moderator interaction with the presenter, different format for questions perhaps- we got bogged down and there were a lot of them.

I would have been very interested to have this training in person. Understandably online was the only option. The content was great and informational.

33 Response(s)

OPEN QUESTION

14) Please list other topics and speakers you would like us to offer.

I work with children/adolescents/teens and their parents so I'm always looking for courses/seminars/webinars related to these age ranges: sadness/depression, pot use, anxiety, intrusive thoughts/suicidality, self esteem/self compassion, eating issues would all be topics I would be interested in.


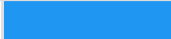


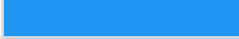


Interoception, supporting families with LGBTQ+ children, advocating for SEL in the current political climate

positive psychology

38 Response(s)

MULTIPLE CHOICE

Profession:

Answer Choice	0%	100%	Number of Responses	Responses Ratio
Psychologist			28	21%
Social Worker			32	24%
Marriage and Family Therapist			9	6%
Psychotherapist			7	5%
Counselor			45	34%
Occupational Therapist			2	1%
Nurse			0	0%
Other			8	6%
Total Responses			131	100%