

Narcissism: Problems and Solutions for Mental Health Providers

Presented by

Daniel J. Fox, Ph.D.

Friday, April 5, 2024

LIVE INTERACTIVE WEBINAR 9 a.m. - 4:15 p.m. ET

Overview

This webinar addresses the challenges of treating clients with Narcissistic Personality Disorder (NPD), emphasizing the time-consuming yet intriguing nature of such cases. Beyond the narcissistic clients themselves, therapists often find themselves working with partners and children who have developed issues from relationships with individuals along the narcissistic spectrum. The prevalence of narcissism in various settings, including treatment offices and workplaces, necessitates a broader understanding of associated behaviors and symptomatology. The seminar focuses on equipping mental health professionals with the skills to effectively manage and work with narcissistic spectrum clients, their partners, and their children. Dr Fox will focus on the unique challenges posed by partners in narcissistic spectrum relationships, providing specific therapeutic approaches. Additionally, the webinar also addresses the complex symptoms exhibited by children of narcissistic spectrum parents and offers tools and techniques to help them overcome burdens and achieve positive change. The Webinar promises a unique, enjoyable, and impactful learning experience for professionals seeking to enhance their ability to navigate the complexities of treating individuals along the narcissistic spectrum and their families.

Objectives: Participants will be able to:

- Discriminate how to formulate a treatment strategy to achieve positive outcomes for individuals along the narcissistic spectrum.
- Integrate evidence-based techniques to address and modify maladaptive patterns in clients on the narcissistic spectrum, as well as their partners and children.
- Identify proficiency in guiding narcissistic spectrum clients, their partners, and their children towards acquiring adaptive relationship skills while managing maladaptive relationship patterns.
- Restructure the elements that anchor partners in narcissistic spectrum relationships, promoting resilience against manipulative behaviors.
- Identify the type and impact of various narcissistic spectrum parent categories to enhance treatment effectiveness.
- Describe proficient assessment, management, and treatment skills concerning children of parents on the narcissistic spectrum.

9:00 am Narcissistic Treatment Foundations

- Five central components
- Spectrum & symptoms
- Healthy vs. pathological

10:30 am Break

10:45 am Treating the Narcissistic Individual Client

- Perfection's Mask
- Emotional Spectrum
- Breaking the Pattern

12:15 am Lunch Break

1:00 pm Treating the Partner of a Narcissist

- The Invisible Client.
- Challenging Beliefs
- Clarifying & Maintaining Boundaries

2:30 pm Break

2:45pm Treating the Impact of Narcissistic Parents

- Distinctive Threads.
- Unmasking the Puppet Master
- Unraveling the Legacy

4:15 pm Program Ends

Daniel J. Fox, Ph.D., is a licensed psychologist based in Texas, a renowned international speaker, and a recipient of multiple awards for his work as an author. With over two decades of experience, he has focused on the treatment and evaluation of individuals with personality disorders in various settings, including the state and federal prison system, universities, and private practice. Dr. Fox's expertise lies in personality disorders, ethics, burnout prevention, and emotional intelligence. Dr. Fox has conducted numerous workshops and seminars on topics such as ethics and personality disorders, the relationship between personality disorders and crime, treatment approaches for clients across the antisocial, borderline, narcissistic, and histrionic personality spectrum, emotional intelligence, and mental health management within the prison system, among others. He also has a popular YouTube channel that focuses on mental health and personality disorder issues.

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Practice Level –Intermediate

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