



Tips, Tricks, and Techniques for Online Therapy with Children

Presented by

Liana Lowenstein, MSW, RSW, CPT-S

Saturday, April 4, 2020

VIA LIVE INTERACTIVE WEBINAR 9a.m—11a.m. EST

Overview

In the midst of the COVID-19 pandemic, many child therapists are shifting their clinical practice to online sessions. There are many issues to consider when conducting online therapy, but most resources are designed for working with adults.

In this 2-hour Webinar, Liana will focus on optimizing the online counselling environment for children. She will introduce techniques to engage young clients, help them express their feelings and communicate what is going on with them in developmentally appropriate ways. She will also offer specific strategies to help young clients cope with the current crisis.

This Webinar is for mental health professionals who have foundational training in providing therapy to children, and who are seeking innovative strategies to transition to online counselling.

Suggested viewing before this Webinar: To familiarize yourself with some basics of tele-play therapy with children, we recommend you watch the following free YouTube video by Rachel Alvater before attending the Webinar: <https://bit.ly/2WJfjC9>

Continuing Education Certification - 2 hours No Post-Test

Those who arrive late or leave early will not receive CE certificates of full attendance.

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Objectives - Participants will be able to describe:

- How to conduct an online intake meeting with caregivers
- Online techniques to build therapeutic rapport
- Online techniques to help children express feelings and learn effective ways to cope with the current crisis

Agenda

Beginning Live at 9 am EST

10:45 am – 11:00 am - Questions and Answers

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LIANA LOWENSTEIN, MSW, RSW, CPT-S

Liana Lowenstein is a Registered Social Worker, Certified Play Therapist-Supervisor, and Certified TF-CBT Therapist who has been working with children and their families in Toronto since 1988. She presents trainings across North America and abroad. Recent speaking engagements include China, South Africa, Israel, England, and Australia. She provides clinical supervision to mental health practitioners, and consults to mental health agencies. Liana's 12 books on child and family therapy are known internationally for their innovative and practical techniques. She is winner of the Monica Herbert award for outstanding contribution to play therapy in Canada. Learn more at <http://www.lianalowenstein.com/>

Bonus: Free access to the recorded Streaming Video of this Webinar for 30 days following the presentation.



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Registration Fees received by April 4 - \$40 per person

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