



The Assessment, Clinical Management and Treatment of Suicidality: Integrating Recent Advances into Clinical Practice.

Presented by

David Rudd, Ph.D., ABPP

Friday January 28, 2022

LIVE INTERACTIVE WEBINAR 9 a.m. - 4:15 p.m. ET

Overview

This workshop will address the full spectrum of issues and challenges in the clinical management of suicide risk in clinical practice. An empirically informed CBT model will be provided, integrating the latest scientific findings into a comprehensive framework that includes clinical examples for every element of care. A structured clinical interview will be reviewed, including risk and protective factors, along with warning signs (contextual and clinical), along with how to most effectively identify and differentiate levels of risk, to include acute and chronic features of risk formulation/response/documentation.

A standard protocol for clinical management of suicide risk will be reviewed (to include clinical demonstrations) with identified component elements of informed consent, a commitment to treatment agreement, safety/crisis response planning, and lethal means counseling/safe storage. An empirically supported, brief treatment (Brief Cognitive Behavioral Therapy for Suicide Prevention) will be reviewed and critical elements demonstrated. Issues related to Veterans and active-duty military will also be reviewed. The workshop will provide the latest findings related to effective clinical care with suicidal individuals.

Objectives -

Participants will be able to describe:

- an empirically informed CBT model for the understanding, assessment, clinical management and treatment of suicide risk in clinical practice.
- A structured approach to the clinical interview and suicide risk assessment
- How to differentiate acute and chronic elements of suicide risk.
- Suicide risk formulation, response, and documentation.
- A standard protocol for the clinical management of suicide risk, including informed consent, commitment to treatment agreements, safety/crisis response planning, and lethal means counseling/safe storage.
- Brief Cognitive Behavioral Therapy for Suicide Prevention.
- Clinical challenges unique to Veterans and active-duty military.

David Rudd, Ph. D., A.B.P.P.

M. David Rudd is currently President and Distinguished University Professor of Psychology at the University of Memphis, a position he's held over the past eight years.

As an internationally recognized expert in the field, he has extensive clinical and research experience with the assessment, clinical management and treatment of suicide risk. He is one of the creators of Brief Cognitive Behavioral Therapy for Suicide Prevention, an empirically supported treatment with four iterative randomized clinical trials since the early 1990's.

He's garnered more than \$24M in grant funds over the years, has more than 240 publications, and his work more than 15,000 citations. His research has always been focused on clinical application and improving clinical effectiveness.

Dr. Rudd's work has been recognized with awards, both national and international. He has served on many editorial boards, including multiple panels with the National Academies of Science.

As a Gulf War era Veteran, and founder of the National Center for Veterans Studies, much of his work has included active duty military and Veterans populations. He previously served as Chair of the Texas Board of Psychologists Examiners, president of the American Association of Sociology, president of the Texas Psychological Association, and as a member of the APA Council of Representatives.

He has presented for J&K Seminars several times and has always received the highest ratings.



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Audience
Human Service Professionals

- psychologists
- social workers
- licensed professional counselors
- school counselors and psychologists
- drug & alcohol counselors
- marriage & family therapists
- music therapists
- case managers
- psychiatric nurses
- occupational therapists
- rehabilitation counselors
- graduate students

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Two or more together at the same time (by December 24)	\$135 per person
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